



# Lil'wat Nation

Volume 5 ISSUE 07

July 2009

## *A Message from the Chief*

I would like to thank all the Community members that worked at our Graveyard this year especially the organizers Morgan Wells, Charlie Frank, the cooks and the fundraisers of course. I spent two whole days out there and it was sure great to see the ones that came out work so hard.

Once again congrats to all the Grads this year right from our youngest to Grade twelve. Congrats also to the parents and guardians whose love and caring made it all possible.

We, the Chief and Council, are taking a month break from C&C Meetings for all of August as we usually do.

Our Tsipun Store up at Xitolacw will be opening soon. Wow, that's going to be so exciting! Also our new gym will be completed around the end of August. We are planning a Grand Opening sometime in September, and will also host our first General Assembly there.

And one final note...we are back! This means that we are again meeting with our Tribal



Leaders -the St'át'imc or Lillooet Tribe. We have been away from the St'át'imc Chiefs Council table for a number of years due to differences, misunderstandings or simply abeyance.

Anyway, we are back and it felt good sitting down again with our brothers and sisters. All eleven communities were represented at our meeting right here in L'il'wat.

Ama. Have a happy and safe summer everyone.

Kukwpi7 Taya, Chief Leonard Andrew

### *In This Issue*

- New Staff
- Olympic Projects
- Community Land Use Plan
- Revitalizing Our Language
- Summer Recreation
- Recreation Survey
- Fishing in Mount Currie

### *Important Dates!*

- |              |   |
|--------------|---|
| July 20th    | Deadline for Thompson Rivers University Application |
| July 21 & 22 | Community Land Use Plan Information Sessions        |
| Ongoing      | Summer Camps  |



# Community Corner!

## Letters

### Successful L'il'wat Celebrations Pow-wow 2009

With total regard to the L'il'wat Celebrations Pow-wow held on June 5, 6 and 7th, congratulations to the committee for hosting the huge and successful family event. Much appreciation to the pow wow committee for their volunteer efforts applied year round to make this wonderful cultural event possible. This volunteer group hosts bingo and loonie swaps throughout the year to raise the funds for the song and dance competitions.

This year, I took the opportunity to participate as a competitor in the pow wow where I learned that even the competitors must prepare year round in order to participate in the events from being physically fit to putting together the regalia. I soon learned that I had to be there for the whole weekend; whew. I totally enjoyed myself, I got to visit and talk with a lot of people including visitors. Most memorable part for me, was that my high school teacher Shamim Ahmed visited L'il'wat, was so good to talk with Shamim. First thing he did was guided me to Charlotta's ice cream stand where he insisted that he buy me something from there. I tried to protest and told him I just wanted to visit with him. Oh well, he's

still bossing me around. I gave Shamim a big hug before he left thanking him for taking time out to visit us.

I look forward to Thanksgiving Pow wow!

Sincerely,

Maxine Joseph-Bruce

On behalf of Bingo Committee



Sigh..... A very big thank you to the Elders and people that work the graveyard year after year for days on end no matter what the weather.

No matter what age they were and no matter what his or her health condition was. A very big thank you to the awesome COOKS.

I had a chance to make it out there this year and wow what a feeling. I even raced back after lunch worrying someone might steal my wheel barrel and pitch fork. I got back and yep it was still there. I did lose it a bit later so I was wondering around looking for another job and did find one.

The soreness, I felt after the day was done. And these Elders that go out day after day WOW To talk to the elders To sit with them and learn your family tree.

Who says you only learn in a class room?

A tradition that is fading away, all because we have other things more important to do.

I know the job is not yet done as I only went out one day, thank you for the learning I learnt in one day. Elders.

Hazel Joseph



Editors Note: This newsletter is published by the Mount Currie Band Administration. The Administration reserves the right to refuse print of submissions. Please restrict submissions to 250 words or less.

# A Note from the Senior Administrator

*Submitted by Daniel Sailland*

On Behalf of The Administration and Chief and Council I would like to welcome Dr. Dan Orcherton to the community.

Dan will be working with the community, both here and in Vancouver, over the next few months in facilitating and developing a number of essential documents. He will be developing the next **5 year Community Strategic Plan 2010-2015**; the

**Leadership Policy** which will be the policy and rules of conduct for Chief and Council; as well as the **Community Driven Communication Strategy** which will help guide community communication practices. Dan will be working closely with our community in order to produce the policies and strategies that best reflect the interests of the community.

Dan comes to us with a great deal of local and international work experience with Aboriginal peoples and practices. He will be working primarily out of the band office and we encourage you to contact him at 604.894.6115 or by [emailingdan.orcherton@lilwat.ca](mailto:emailingdan.orcherton@lilwat.ca).



## Name Giving Ceremony

On Friday June 19th the Mount Currie Culture Centre arranged a wonderful event at Xit'olacw School to celebrate Aboriginal Day which was on June 21st. At the event many people shared their names and what it means to them to be Lil'wat. There was drumming and singing and as usual amazing food prepared by Georgina and her crew. A highlight of the event was a name giving ceremony arranged by Lois Joseph and Mike Peters. During this ceremony, Daniel Sailland, our Senior Administrator, was given the name X7áozaq because he is busy as a bee! Many people were in attendance to witness the name giving and Daniel was thrilled with his new name shirt! The next time you see him be sure to address him properly as **X7áozaq!**

## A Notice to Community Members

*from Counselor Patricia Williams*

The deadline for filing your tax returns is coming up quickly. If you haven't filed your 2008 tax return by July 2009 your GST, Child benefits, pension, all might be affected. If you need help or if you want me to do your returns you can drop them at the L'il'wat Employment Agency (beside the New Gym) and I will pick them up from there. I will need the following information-your birth date, marital status, and also how many children you have in your care under age 18. Anyone turning 19 this year should also start filing as their GST rebate will start after their 19th birthday. I can be reached at 604-894-6388 and I will check with the LEA office to see if any forms are there.



# Welcome to our New Staff!

*L'il'wat Nation welcomes all new staff to our team*

## **Dr. Dan Frederick Orcherton**

*Community Consultant*



Dan was born from father Roy Arthur and Joyce Madeline with descendants from Northern England and Holland, and Dan's historical lineage extends back ten generations to north-African tribesman and sheep-herders. Dan recently joined L'il'wat First Nations (Mt Currie Band) from the Ecosystems Science and Management Program at UNBC (University of Northern B.C in Prince George). His responsibilities will be to undertake three important projects: a Community-based (or driven) Communications Strategy, a Leadership Strategy and a 2010-2015 Strategic Plan. Dan will also provide input and review of Mt Currie Band Forestry Initiatives and practices.

Dan has over 20+ years of experience in environmental consulting, rural sociology, cultural anthropology, ethnographies, community consultation, social impact assessments and gender studies in Canada, Central America and the Caribbean (Costa Rica, Cuba, Jamaica), as well as South America (Peru and Bolivia), and parts of Europe, Australia (North Queensland) and recently Papua New Guinea (Melanesia). He has a strong academic and publications record with qualifications in forestry, natural resource conservation, agroforestry, planning & programming and development and implementation of national and international multi-lateral projects.

Dan's philosophy is built on respect for people, culture and tradition, and encouraging and building the strengths of others through friendship, trust, greater cross-cultural awareness, and work toward the recovery of traditional ecological knowledge, creation of pride, self-governance and ownership.

Dan plans to work together with the L'il'wat people, building strong communities and accessing the collaborative strengths and wisdom of youth and elders. Dan also envisions sharing with the L'il'wat people their infinite capacity to answer and address their own concerns and opportunities. Dan's role is to act as a facilitator in providing reciprocal training, teaching and learning concepts to guide a clearer understanding of L'il'wat worldview.

His wife Maria is Aboriginal Quechua (from Ayacucho, south-eastern Peru), and his daughter Tehja is 10 years old. Maria's a background in Criminology and entering into her Master of Social Work at UNBC. Tehja enjoys horses, camping, friends, and reading and is joyful and respectful of others.



You'll always know Dan when you see him! He's usually wearing a brown Acubra (Aussie) hat and has a smile on his face!

Dan looks forward to working with the entire L'il'wat community!

## **Arnie Jim**

*Cultural Technician Trainee*

Hello my name is Arnie Jim. I'm the new Cultural Technician Trainee. I'll be doing research for missing information about the reserve lands and identifying cultural information gaps that can be filled in by elders. I'll be sharing knowledge and culture with the community. I'm looking forward to be trained to record and preserve what I can. Thank you. All my relations.





# Countdown to the Games!

## 2010 Olympic Planning



With just two hundred and nineteen (as of July 8th!) days until the start of the 2010 Winter Games we are really beginning to see that the countdown is on.

Over the next six months we will be using this space to update the community on special events and opportunities related to the Games.

As one of the Four Host First Nations, L'il'wat has an unprecedented opportunity not only to share our story with the world but also to benefit from having millions of people looking at us.

L'il'wat people have been invited to be involved in many aspects of the Games including drumming at the opening ceremonies, running in the Torch Relay, participating in medal ceremonies and assisting as volunteers for many different roles.

At home, the Mount Currie Administration will be offering many opportunities for community members to watch and join in the spirit of the games.

Here's a quick overview of some of the things we are working on for the community:

### TORCH RELAY

On February 6th 2010, the Olympic Torch Relay will be

coming through Mount Currie. Several Mount Currie youth have been selected to participate in this once in a lifetime event. We hope that community members will be out early in the morning to cheer our runners on as they carry the Olympic Flame through our Territory.

### LIVE SITE

Every day the new Mount Currie Community Complex will be open to community members for viewing of Olympic events including opening and closing ceremonies and the all important gold medal hockey game!

### POWWOW

We are working on arranging several Powwows during the month of February for community members to gather and celebrate their own culture. These may be open to the public as well and will be a great opportunity for L'il'wat to share our culture with potential visitors from all over the world.

### CULTURAL CELEBRATIONS

Lois Joseph and the team at the Cultural Centre are looking for drummers, singers and dancers to participate in a huge number of events during the games. L'il'wat are needed to be in the Aboriginal Pavilion in Vancouver, to participate in ceremonies and

presentations and also to be available for community dinners and celebrations.

Practices are happening every Thursday night at L'il'wat Place so that newcomers can learn the songs, experienced drummers can come out and have fun with friends and family and so that we can share this awesome part of our culture with each other.

### TRANSPORTATION PLAN

Transportation to Whistler and Vancouver will be controlled during the games. We are working with VanOC to ensure that emergency transportation of community members will not be effected and will be sharing information with the community as it is received.

### VOLUNTEERING

VanOC still has hundreds of volunteer opportunities for people from all across Canada. Volunteering is a great way to really be part of the games.

Please contact Lucinda for more information about any of these activities at 604 894 2333

# Ts'zil Update

By Nadine Pascal, Education and Training Coordinator

*Congratulations!*

To all L'il'wat graduates in high school, post secondary, trades, training programs. Also; congratulations to all the recipients of the awards for academic achievement, GPA, and incentives on completion.

## Community Survey

We are creating a community survey and we are asking everyone to participate! Several students will be completing individual surveys by asking community members from the ages of 16 and above a set of questions. The students will do all of the written work- we just want your input so that we better meet community needs. Students will be visiting community groups, setting up at L'il'wat Gas, and will also go door to door. Victoria McDonald will be supervising a group of students to see the survey through the summer. We are kindly asking you to take the time to answer this very important survey so that we can delivery the programs that you want! Kukwstum.

### Need help with your Resume?

Nadine Pascal, our Education & Training Coordinator is here to assist in resume writing. You can leave a copy of an old resume with additions to be put in, or you can make an appointment to sit with her and go over your own format/ design. We can assist in faxing resumes to potential employers for review, any questions, please feel free to call.

## Carpentry Update!

There are 40 applicants in the Carpentry level 1 program. We are going through and picking dates for the assessment testing, so please keep an eye open for your scheduled appointment time. When the testing's are complete, we will select 20 applicants for the carpentry prep, do more math/ English work and when the 5 weeks are complete 15 people will move on to the Carpentry 1 program. The 5 that did not get into the first program, we will work with you to ensure you get into the next cohort.



## Trades Programs

If you are looking at any trades courses that last longer than a day; you will be required to come to Ts'zil and be assessed for the training. The purpose of using assessments is to ensure that people have the skills required for success in their program of choice. If scores are lower than required, we have an excellent upgrading program Ts'zil that will help you prepare for your program. We want everyone to be successful!

## AECE Program – Aboriginal Early Childhood Education

In partnership with Nicola Valley Institute of Technology, Ts'zil began the second year Diploma program in Early Childhood Education with 2 certificates in Infant Toddler / Special Needs as part of the package. We

# Ts'zil Update Continued

have 9 students working in the evening and weekends to achieve their next level of ECE. This began in June and will go until summer 2010.

We are going through all applications and ensuring all documents are in place for funding, we will be making the selection soon.

## Post-Secondary Sponsorships and Fall Programs

Ts'zil will be offering the University & College Entrance Program, the Business Fundamentals Certificate Program, and a Cultural Multimedia Bridging Program in the Fall of 2009. In order to register for these programs, please complete a post-secondary sponsorship application as soon as possible. There are limited seats available for each program.



## TRU Aboriginal Education Centre: Sekúsent 2009

### Application Requirements

1. Applicants should have graduated from Grade 12 within the last 2 years and be registered or registering for courses through Thompson Rivers University. Preference will be given to students of Indigenous ancestry, including status, non status, First Nations, Métis and Inuit.
2. Applications must be received by **July 20<sup>th</sup>, 2009**.
3. Complete application packages must be sent to:  
Joanne Brown, Coordinator, Aboriginal Education Centre,  
By Mail: Thompson Rivers University, 900 McGill Road, PO Box 3010, Kamloops, BC V2C 5N3  
By Fax: 250.828.5236 or By Email: [jobrown@tru.ca](mailto:jobrown@tru.ca)

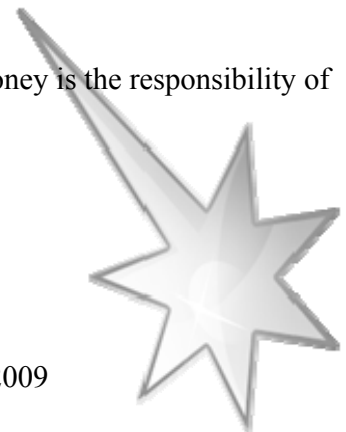
### Fees:

Transportation to and from Thompson Rivers University and personal spending money is the responsibility of the student.

Your complete application package includes:

1. a completed Application Form
2. a signed Legal Guardian Consent Form from the student's legal guardian
3. a completed Rules and Regulations Form

An information package will be mailed to you upon acceptance to **Sekúsent 2009**



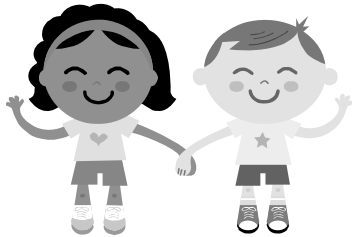
# Pqusnalhcw Child Development Centre

*Submitted by DeShanna Gonzales, Supported Child Development*

First of all I would like to welcome Lorraine Andrews to our team.

My Challenging Behavior workshop began May 20, 2009 and has gone well. I hope to have a workshop available for parents in the community in the fall. I hope everyone enjoys the summertime with barbeques, swimming, and fishing fun.

My services are provided for families with children with special needs from age's birth-19 years of age. Children and Youth who benefit from support are those who have:



- Difficult Behaviors
- Developmental Delay
- Health Concerns
- Speech and/or Language Delays

If you have any questions or concerns about your child's development you can contact me at the Mount Currie Health Centre at 604-894-6656 ext. 241

## Milestones: 5 years

By the age of 5 does your child...

- Comfort playmates in distress
- Use preferred hand when using a tool
- Use words to describe objects and people

Concerns may arise if your child most of the time...

- Speech is not understandable
- Cannot follow directions
- Has difficulty telling a story

\*\*Note: It is recommended that all children by this age have a vision, hearing, and dental checkup. Ask your family doctor or public health unit where these services are available in your community.

## FUN FRIDAYS at Pqusnalhcw

*Pqusnalhcw invites everyone to participate in our Fun Fridays! The schedule for July is as*

July 10th	Show n' Tell Day - <i>Bring something to share!</i>
July 17th	Purple Day - <i>Wear purple clothes, accessories, shoes</i>
July 24th	New Nickname Day - <i>Wear your new name tags</i>
July 31st	Auntie/Uncle Pick-Up - <i>Get your photos taken!</i>



## Car Safety for Our Kids

Submitted by Jessica Frank, Director of Pqusnalhcw



Infants and young children must always be in an appropriate car seat. Please do not pick up hitchhiking parents who are not carrying car seats for their children. Also, older children who weigh at least 40lbs must be restrained in a booster seat until they are at least nine years old or reach 4'9" (145cm) tall. This became law in BC as of July 1, 2008.

Please help keep our kids safe!

For more information, please see [icbc.com/road-safety](http://icbc.com/road-safety)

# Hand Drummers Wanted!

*Family Night Hand Drumming for all ages*

**Thursday evenings  
from 6:00 PM to 9:00 PM  
at L'il'wat Place**

Drumming around a bonfire and activities for the kids.  
Bring snacks, hot dogs and water if you can.

We need to continue practicing for 2010 activities

***Up to 100 drummers may be needed!***

Please spread the word to your family and friends, especially those who you know love to drum.



**Our Language is Beautiful, our language is important,  
only the people can save the language**

**www.firstvoices.com**

Creating a Language Legacy for Future Generations.

Language is a fundamental part of our culture – Something to be protected and shared, a legacy to be passed from generation to generation. “First Voices” helps communities build a language legacy by training members within the community to record, archive and share their language. Using interactive web-based software, community members are able to document their language with Elders and speakers, creating a living language resource. Online access to language resources means distance is no longer a barrier for learning the traditional language, uniting members of a community who may be geographically distant. First Voices is a tool for language learners of all ages, offering websites for adults and children. Languages are represented by the name and community logo so users are able to immediately identify and access their own language. Language archives are created by each community independently, using the collective knowledge of Elders, teachers, parents and community leaders. “First Voices Kids” is aimed at children ages one to five and is designed to teach words and phrases through picture association and listening to spoken language.

#### ABOUT THE FIRST PEOPLES’ CULTURAL FOUNDATION

“First Voices” was created by the First Peoples’ Cultural Foundation to support the learning and perpetuation of indigenous languages. The First Peoples’ Cultural Foundation is an Aboriginal directed,

non-political, non-profit, society devoted to languages, arts and cultures. The FPCF has been delivering support to aboriginal communities in British Columbia since 2000. First Voices currently has 60 languages.

#### HOW TO USE FIRST VOICES;

Type [www.firstvoices.com](http://www.firstvoices.com) in your search engine (google), select the [www.firstvoices.com](http://www.firstvoices.com) option.

Choose English (or French) in the middle of the page.

At the top tool bar of this web page you will see the “choose your language” option. Click on the blue arrow at the side of “Choose your language”, you will then see a list of up to 60 different aboriginal nations, there you will find “L’il’wat Nation”, Point and click your mouse to select. From there you can see some words that have been recorded by our fluent elders, you can simply click the play button to hear our fluent elders say these words, then listen, learn, and

repeat the words yourself. It’s that easy, and its fun! You will see an option near the centre of your screen where you may choose “LEARN OUR LANGUAGE”. After you have selected this option, you will see to your left side of the screen, 4 options, 1)Phrase list 2) Word list 3)Songs 4) Stories.

For example, if you choose #1) PHRASE LIST, then you see to left of your screen “PHRASE LIST” with “select a phrase book” with blue arrows next to it, by clicking the blue arrow you then find a list of phrase topics to choose from, for example; “greetings, goodbyes, & thanks, is one option. Choose one that will lead you to a list of phrases. There is a section here that says “DISPLAY IN” with the options L’il’wat or English.

Choose English, then choose a phrase, for example- “I LIKE YOU”, this will now be shown written in Ucwalmicwts and in English, with an audio play section to hear the phrase spoken by our elders, press play.

For more help with First Voices you may call the L’il’wat7ul Culture Centre Staff Phone #604-894-5826

LCC is continuously adding more and more language lessons to the first voices website. Learn & Enjoy!

# Revitalization of Language

Submitted by Vania Stager



The L'il'wat7ul Culture Centre held a LANGUAGE CONFERENCE on June 15, 2009 at the XCS cafeteria. The center will be hosting more Language Conferences throughout the year. The conferences are usually for one day or one evening and are very exciting and informative. We opened our conference with fun activities. We broke into groups to either play Ucwalmicwts Bingo; get an introduction to the First Voices website at [www.firstvoices.com](http://www.firstvoices.com); or to do TPR (Total Physical Response). In Ucwalmicwts Bingo the cards have words in our language and you play it the same as regular bingo, where a word is called and you find it on your card. In TPR the participants are required to do the action or name the item that the caller says. This gives you a good challenge in knowing how many words and phrases you know. The conference was well attended by 77 Language speakers, elders, youth, and parents. Dr. Lorna Williams did an excellent presentation on Revitalization of our Language. She stated that L'il'wat is doing a good job now at the amount of language and culture revitalization we are doing, but we need to "work harder and smarter". We had participants from all the St'at'imc Nations. More conferences are being planned so look for the notices and plan on participating or contact the L'il'wat7ul Culture Centre at 604-894-5826 for more information.

## **Congratulations to the Clao7alhew Language Immersion Students for completing another year!**

A special Congratulations goes out to; "S'tswawcw" Solstice Andrew & "Zelkwa7" Chloe Nelson. They have completed the 4 year Language Immersion Program, and are moving on to X.C.S!

Congratulations to; "Tsuwasqet" Julian Henry, "Kuya7" Sydney Bikadi, Jewel Peters, Qwil'qen Nelson, "Két'a" Evan James, "Sakoya" Charlize Littlelight, "Ekomi" Tyra Ollinger, Aurora Pascal, "Ti7wa7pixem" Hunter Thevarge, "Kakwíkwe" Isabelle Stager, "Ititaowtaow" Tristan Dan, & Shikari King!

**Kúkwstum'ckacw!!** To the wonderful Teachers of Clao7alhew! Thank you for doing an amazing job teaching the children Ucwalmicwts, this is so important to revive our beautiful language.

Teacher; Kakálh Terri M. Williams / Teachers aid: Sáopalaz Lucille Joseph / T.P.R. Instructor; Kakúsa7 Mary A. James. Elder Fluent Speakers; Qvt'ivs Dixie Joe, Kwékwa7 Anastasia Wallace & Qwenqwinátkwa7 Theresa Jones. Drumming & Singing; Cyril Gabriel, Chris Wells & Qvt'ivs Dixie Joe.

Tecw t'u7 xzumstúm i slal'il'temlhkálha i wa7 skulstáli i tsmal'tlhkálha

WE HONOR ALL THE ELDERS WHO TEACH OUR CHILDREN.



# Summer Recreation Program

Submitted by Daniel Cindric, Recreation Director



Summer is upon us once again and is a time for BBQ's, fishing, camping, trips to the lake and more. Summer is a busy time for many of us and as such we do not always have time to attend activities like during other times of the year. It's because of this the Recreation Department cuts nearly all of its regular programming July and August. The only activity to continue through the summer is Karate (Thursdays 6:30pm-7pm Everyone's welcome).

The Recreation Department will however, run a summer day camp for youth between the ages of 7-14 years of age. This camp will be filled with fun activities such as trips to the lake, hiking, rock climbing, art and crafts, and many other fun activities. If you're interested in signing up please contact Dan at 604 935 4840 or [daniel.cindric@lilwat.ca](mailto:daniel.cindric@lilwat.ca). See flyer in Newsletter.



We will also be providing many trips to Whistler, camping, lake visits and more for youth between the ages of 14 and 18. Anyone interested in these activities please contact Eyes at 604 966 7046 or Kyle at 604 698 7999.

Also, keep an eye on the bulletin boards for more info.

## Physical Activity Measurement Survey is Underway

The Lil'wat Nation is commissioning a telephone survey created by the BC Recreation and Parks Association (BCRPA) through its Active Communities Initiative to measure and monitor community physical activity levels. The survey is being conducted in August 2009 by Discovery Research in communities throughout the province. Each community is receiving a \$5,000 subsidy from BCRPA to commission the survey.

The survey incorporates the International Physical Activity Questionnaire and collects anonymous information from participants on all forms of activity done in the previous week

(e.g., walking, gardening, work-related physical activity, and cycling).

"Inactivity is a major contributing factor to a number of chronic diseases. The BC Healthy Living Alliance estimates that chronic diseases cost BC's economy \$3.8 billion annually," said BCRPA Chief Executive Officer Suzanne Allard Strutt. "BCRPA is pleased to be investing in registered Active Communities' efforts to monitor and increase physical activity levels to create a healthier BC."

The purpose of this measurement tool is to allow communities across British Columbia to obtain comparable data on physical activity over the years and support

communities in working towards the provincial goal of increasing physical activity rates of British Columbians by 20 per cent. The survey tool was developed in 2006 for BCRPA's Active Communities Initiative in consultation with pilot communities and experts from the Canadian Fitness and Lifestyle Research Institute, University of Victoria School of Physical Education, and Provincial Health Services Authority.



Any questions, comments, or concerns can be directed toward Daniel Cindric at 604 935 4840 or [daniel.cindric@lilwat.ca](mailto:daniel.cindric@lilwat.ca).



# Pepantsek Tsa7ts7acw Summer Camp

## Adventure Camps:

<u>Name</u>	<u>Date</u>
Wolf:	July 6 <sup>th</sup> – July 17 <sup>th</sup>
Bear:	July 20 <sup>th</sup> – July 31 <sup>st</sup>
Cougar:	Aug 3 <sup>rd</sup> – Aug 14 <sup>th</sup>
Coyote:	TBA

**\*\*Sign up today. Limited entry\*\***

## Summer Camps:

<u>Name</u>	<u>Date</u>
Deer:	July 6 <sup>th</sup> – July 17 <sup>th</sup>
Moose:	July 20 <sup>th</sup> – July 31 <sup>st</sup>
Caribou:	Aug 3 <sup>rd</sup> – Aug 14 <sup>th</sup>
Elk:	TBA

### Activities:

Camping	Swimming
Horseback Riding	Rock Climbing
Hiking	And More...
<b>Cost:</b>	<b>\$100</b>

### Activities:

Arts and Crafts	Sweat Lodge
Sports	Singing & Dancing
Fun Games	And More...
<b>Cost:</b>	<b>\$40</b>

*All camps open to youth between the ages of 7 and 14 years!*

### For more information contact:

Daniel Cindric  
PO Box 84  
Mount Currie, BC  
V0N 2K0

Phone: 604 935 4840 or  
Email: daniel.cindric@lilwat.ca  
Fax: 604 894 1664





# First Nation Snowboard Team

## Calling all Recreational Snowboarders

### FNST Recreation Members will receive:

- 1) Seasons Pass            2) Equipment
- 3) 10 Lessons            4) Memberships

**NOTE** - Applications must have all of the requirements below to be considered for the 2009/2010 season or be in good standing from the previous year (100%)



### REC. Program Application Requirements

#### Looking for:

- |  |  |
|--|--|
| <input type="checkbox"/> 20 Lil'wat Nation youth               | <input type="checkbox"/> 12 Squamish Nation youth from Vancouver |
| <input type="checkbox"/> 8 Squamish Nation youth from Squamish | <input type="checkbox"/> 5 Vancouver Outreach (other Aboriginal) |

#### Must:

- |   |   |
|---|---|
| <input type="checkbox"/> Ages 6-19 years                  | <input type="checkbox"/> Be Squamish, Lil'wat or qualify for outreach |
| <input type="checkbox"/> Tried snowboarding at least once | <input type="checkbox"/> Be in good community standing                |
| <input type="checkbox"/> Be drug and alcohol free         | <input type="checkbox"/> Have a C+ average in school                  |

#### How to Apply

- Complete recreation in-take form
- Complete parent in-take form
- Include a reference letter from a coach or teacher etc...
- Include a copy of most recent report card

Please fax all applications to: 1.604.980.4523

Or mail to: PO Box 86131,  
North Van, BC  
V7L 4J5

Or in person:

**Squamish Nation**  
Lindsay Hubley  
320 Seymour Blvd, N Van  
Tel: 604.980.4553  
[lindsay\\_hubley@squamish.n](mailto:lindsay_hubley@squamish.n)

**Lil'wat Nation**  
Daniel Cindric or Geneva Wallace  
Xitolacw Community School  
[Kryle@telus.net](mailto:Kryle@telus.net)  
[daniel.cindric@lilwat.ca](mailto:daniel.cindric@lilwat.ca)

**CONTACT DAN CINDRIC AT 604-894-1664 FOR APPLICATION FORMS!**

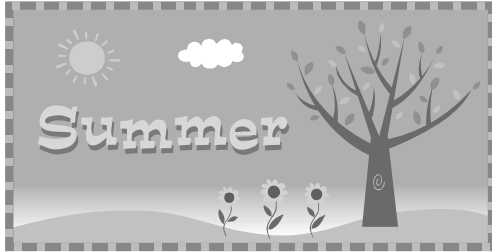


*See attached forms: in-take & parent in-take*

## Recreation In-take Deadline: August 27, 09

# Mount Currie Board of Education Update

By Verna Stager, Xit'olacw Community School Administrator



There is no update from the school board or the Xit'olacw Community School this month since we are now on summer holidays!

The staff at Xit'olacw Community School wish all of our students a safe and happy summer.

See you in September!

## Gym Committee Update

Submitted by Gladys Joe

Throughout the year our gym committee either adds or replaces equipment & supplies to the gym, kitchen, and cafeteria or to make a donation to the school. The money comes from facility rentals. It helps with the wear & tear of the equipment & supplies. It feels good when we see the student's happy faces when they see the new equipment added. Thank you to all that keep up with facility rental invoices.

The following list what we spent this year.

Item	Cost		
Canoe for came club	\$701.99	Sound & lighting for Christmas concert	\$1039.06
Kitchen supplies & equipment	\$1996.37	40" children's exercise ball	\$212.69
Toaster for breakfast program	\$1,669.00	3 Trolley's on wheels for speakers	\$344.16
Soccer equipment	\$250.00	Coffee Percolators	\$500.00
Hockey rental	\$250.00	Wintergreen gym equipment	\$155.94
DVD players & brooms	\$500.00	10' Projection screen in cafeteria	\$877.00
Craft Fair items	\$150.00	Flaghouse gym equipment	\$1163.68
Basketballs	\$382.74	Speaker cable & cordless microphone	\$783.09
Athletes of Year Awards	\$300.00	Isaac Wells Bursary	\$250.00
Eagle Run T-shirts	\$241 .00	TOTAL EXPENDITURE FOR YEAR	\$1 1,774.72

Xit'olacw Gym Committee Members

Mark Gabriel, Tammy Williams, Eleanor Wallace, Maisie Mernett, Gladys Joe

Note: \*An application to rent the facility must be filled before using the gym, cafeteria or kitchen.

# Language Champion

*Submitted by Lois Joseph*

Ticwtkwa Georgina has been working on reviving our language and culture since 1971." In 1971 she realized that the public school was not working for some of our L'il'wat children. She believed that the children needed to be immersed in their own traditional language and culture. "To know who they are as L'il'wat people and to be proud of their language and culture is a stepping stone to their success, she would say". Thus, she started lobbying for funding to build a new school and to train our own teachers. Georgina always stated, "Without our language and culture we would no longer be a L'il'wat People." She has strived to keep the language and culture alive for over 30 years. Over the years she has been involved in any activity that had to do with education, language or culture. She was a big part of the band taking over our own education and the development of the new school.

She served on the Board of Education for years and still does today and pushed to start an Immersion School, which continues to flourish. She is recently working with a team to develop a Language Authority to include 11 bands.

Ticwtkwa Georgina Nelson speaks fluently to her many grand and great grandchildren. She is always available by telephone, email and in person to help with language speaking.

Dr. Budd L Hall, former Dean of Education at the University of Victoria adds, " Georgina Nelson was invited as a "Mother Tongue" language specialist to work with the staff of the Mpambo Afrikan Multiversity in Busoga, Kingdom, Uganda. She spoke there of her work in Mt. Currie and the importance of keeping Mother Tongue languages alive. Her words and experience had a powerful impact on the staff and



community in the village of Isegero. She is a language champion at an international level as well.

Georgina is truly a Language champion!

## What will we call the new Community Complex?

Last month we held a small contest to name the new store which will now be called Tsipun!

Now we need to come up with a name for the new Community Complex.

The name should be in Ucwalmicws. It should be one word that is relatively easy for people who don't speak Ucwalmicws to say and something that will fit on signs and advertising for the building.

An official contest will be announced later this month but start thinking about it now! There will be a prize for the best name! All community members are encouraged to participate.

# Community Land Use Plan Update

*Submitted by Kerry Mehaffey, Lands Manager*

Staff have been hard at work compiling a draft community land use plan for further community review. As well, a series of maps is being produced to summarize and represent the actions and policies that have been identified as priorities throughout the process. This information will be available at two open houses in July. These open houses will be happening on July 21st at the Ts'zil Learning Centre, and at a location in Xit'olacw on July 22nd. Information to be available includes mapping of the community including place names, cultural features, protected areas, future development areas, and zoning. Please come out and view the results of the work that has been completed.



## COMMUNITY PLANNING PROJECT

### July 21st at Ts'zil and July 22nd at Xit'olacw

*Please come and see the maps and work that has been done!*

*~Watch bulletin boards for more information~*

# Fishing in the Mount Currie Area

*By Lex Joseph as told by Baptiste Ritchie*

I am going to tell how the Indians used to preserve the salmon. Each tribe had a special way of doing it. Skookumchuck Indians use a long stick or tree that hangs out over the river. There is some weight put on the back, so that it doesn't fall into the river. The way that they catch Fish is called S-kak-teen. Some of the poles hang out about 100 feet in the river, suspended above the water. There is a pulley attached to the end of the pole from which a rope is hung. If they want to see if there are any fish, they pull on the rope – most of the fish can be caught in this way. They put the fish in a shelter, which has a shelf and sometimes walls. A fire is built and the fish is smoked. After it has been on the racks for about 2



weeks, it is put away. They don't get fly blow or mould if done in the correct way.

Sockeye is caught close to the falls, near the village at Skookumchuck. The salmon have to stop there according to the flow of the water. As many fish as they want can be caught with a dip net, although they are not like the ones used in Lillooet. They also use gill-nets and gaff hooks, although sometimes they use their hands.

The King fish never come up the Lillooet river, possibly because they can't get over the falls. Only the sockeye, spring and coho get over. Two other salmon that do not make it over are the dog and the humpback salmon. There is a drying place at Tannis Lake when the fish come up. They catch the fish using nets, and by hooking and spearing them. The gaff hooks are made with a long stick about 3 feet long attached to the hooks. They make the spears the same way. Some of these are still used by the Indians today. Lots of nets were used in the old days. The winter shelters are kept for anyone who is at the fish run, not just the residents. The shelters are built 6 to 8 feet off the ground with a cabin on top that holds the fish. People come from far away because this is where the Fish are caught and the shelters built.

The salmon are able to get to the head of the large Lillooet lake. The spring salmon go up there. In the old days the Indians did not know how to control the ways of the salmon catch. Today we troll at certain times of the year to catch them. One of us got a salmon, 48 inches long and 48 pounds, by trolling. The fish are caught by spoon hooks, trolling or nets. The sockeye run comes in about the middle of August. At the head of the Lillooet lake are places for drying the Salmon. The salmon shelters have roofs, just in case of rain, for the Salmon must be kept dry. There is a fire in the drying shelter because the smoke keeps the blue flies away and the heat prevents mould. When enough fish are caught the people go up stream about 5 or 6 miles to the Birkenhead River where the old Lillooet people lived. There you use spears and gaff hooks to catch salmon, as the current is too fast for nets. In the old days we never went short, but now a days sometimes we can't get what we need because of the decrease in salmon. Those of us who depend on salmon usually get what we want but still it is pretty hard. Nowadays the young people are out working and don't have time to catch salmon. The old-timers stayed at Birkenhead because

## Fishing in the Mount Currie Area continued

there were lots of salmon. You can see the big hollow places in the ground where they had their dwellings. This is close to the Birkenhead bridge. They would catch Salmon here because the fish can't get over the falls. They have scaffolds fixed over the middle of the river. Our ancestors used to be around there all the time, but today there is no one. In the old days our ancestors also lived up the Lillooet river at a place called Carmel Mountain, where they caught and dried fish.

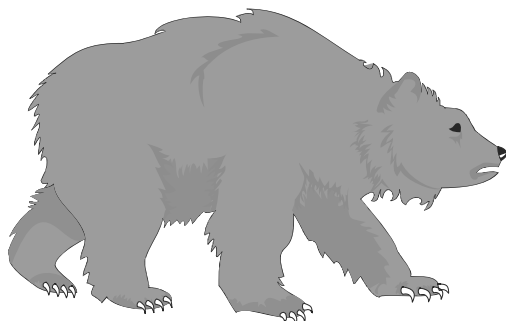
Not many people know what Birkenhead meant in the old days. In the Sechelt language it means, "untying the tails of the fish." They caught the salmon late in the fall and after tying the tails together, hung them as high as they could reach on the tree limbs. The salmon remained there to freeze, as this preserved them. In the spring they untied the tails. These people brought back words

from the coast; hence, the name. The coho are the last fish to come up the river and they stay until late in winter.

I'm going to say a few words about our ancestors before the white man came. My ancestors used to block the river to catch salmon. For this they used a long thin tree. They did this close to where my house is now. When the salmon run started, the Chief would say, "well, it is about time we blocked the river to catch salmon." When they got the logs across they drove sticks into the river so that the fish couldn't get through. The sticks are made so that they can be pulled right out of the river whenever they want them. The small sticks are usually sapling or cedar, cut fine and split. These are woven and folded to the size they want. Some are 6 feet long so that they can dip them into the river anytime they want to. The platforms enable the people to catch what salmon they need. It isn't everywhere you can dry salmon by the sun. In Lillooet there is good weather.

In a couple of weeks, if the process goes well, they are ready to be put away. Everyone has a place to store his salmon in a cellar. There is no fear of anyone stealing the fish, as everyone has plenty. Nowadays the white people don't allow us to block the river and we can fish only a few days.

I forgot to mention how we used to dry the fish. We had cedar sticks that went through the salmon from one side to the other to keep it from folding. The sticks were for roasting the salmon.



### Bear Season is Here!

**Toll free number for a  
Conservation Officer is 1-800-663-9453  
They are available 24 hours a day 7 days a week  
if required**

# Land Registration

*Submitted by Kerry Mehaffey, Lands Manager*

## Frequently Asked Questions

### 1. How do I register my land?

There are four major steps to register land in the community.

1. Come and visit the Land and Resources Department to determine the extent of the property and to fill out an application form. The application form may ask for other family or community members signatures.
2. After helping Land and Resource Staff to map the property and completing the application form, the application will be put before the Land Management Board. The Land Management Board is a standing committee that represents Chief and Council on matters relating to land registration, and community land.
3. If approved by the Land Management Board, the application will be posted in the community for 30 days for review. This will give community members a chance to review the application and determine if they have any dispute with the application.
4. If there are no disputes, then the Land Management Board will approve the land registration and it will be entered into the L'il'wat Land Registry.

### 2. I think my family owns land, where can I find more information on this?

You can drop by the Land and Resources office and look through our paperwork or else, you can begin asking family members for more information.

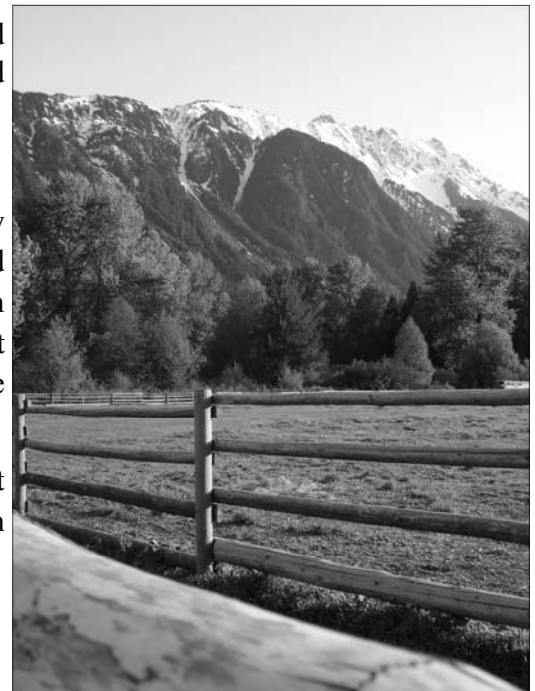
### 3. Where is the land registered?

The land is registered internally only. This means it is NOT shared with outside agencies such as INAC except for the purpose of a land encumbrance check.

### 4. Who decides if my application can go forward?

The Land Management Board exists as a group of community members to represent Chief and Council on matters relating to Land Registration and community land. They decide if an application needs more information, try and ensure that boundaries are correct based on their knowledge, and try and ensure individual's are registering land that belongs to them.

If you have questions or wish to register your land please contact Kerry Mehaffey at the Lands Office at 894-2333 to book an appointment



# Fisheries Department Update

*Submitted by Maxine Joseph-Bruce, Fisheries Manager*

## Aboriginal Communal Fishing License for L'il'wat Nation for Chinook Salmon

This license is issued under the authority of the Fisheries Act and section 4 of the Aboriginal Communal Fishing Licenses Regulations.

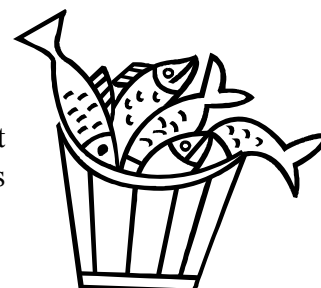
This license does not define an Aboriginal Right to fish or its scope, however, for the fishing season, it is intended to provide a mechanism, for reasons of proper management and control of the fisheries and conservation and protection of fish, for requiring compliance with the provisions of this license. This license is issued to L'il'wat Nation or and on behalf of its members, and subject to the Fisheries Act and Regulations there under.

### USE OF FISH

Fish caught under this license are for food, social and ceremonial purposes. Without prejudice to future agreements or regulations, sale of fish caught under this license is not permitted.

The fishery is limited to a harvest of: CHINOOK SALMON

DATES AND TIMES – July 2009 Aboriginal Fishing is authorized by this license from:



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	29 <b>NO FISHING FOR CHINOOK</b>	30 <b>NO FISHING FOR CHINOOK</b>	1 Fishing Open Starting July 1 @ 6pm	2 Fishing Open	3 Fishing Open	4 Fishing Open
5 Fishing Open until July 5 @ 6pm	6 <b>NO FISHING FOR CHINOOK</b>	7 <b>NO FISHING FOR CHINOOK</b>	8 Fishing Open from July 8 @ 6pm	9 Fishing Open	10 Fishing Open	11 Fishing Open
12 Fishing Open until July 12 @ 6pm	13 <b>NO FISHING FOR CHINOOK</b>	14 <b>NO FISHING FOR CHINOOK</b>	15 Fishing Open from July 15 @ 6pm	16 Fishing Open	17 Fishing Open	18 Fishing Open
19 Fishing Open until July 19 @ 6pm	20 <b>NO FISHING FOR CHINOOK</b>	21 <b>NO FISHING FOR CHINOOK</b>	22 Fishing Open from July 22 @ 6pm	23 Fishing Open	24 Fishing Open	25 Fishing Open
26 Fishing Open until July 26 @ 6pm	27 <b>NO FISHING FOR CHINOOK</b>	28 <b>NO FISHING FOR CHINOOK</b>	29	30	31	

Note: Please contact the Fisheries Staff at Land and Resources office at 604-894-2333 to report your catch and to consider providing access to your catch so we can collect scale samples for analyzing.

# Housing Update

**By Gayle Andews, Housing Coordinator**

All information for newsletter are requests and recommendations from the Mount Currie Housing Board and Council Portfolios

## 12 Houses – new construction to start soon

Congratulations to L'il'wat Construction they were awarded the construction contract to build the twelve homes. Their bid was on budget, right timeline and most of all employment for our community and neighboring communities.



**SUBCONTRACTS:** Thank you for your competitive bids and we encourage you to put in bids with L'il'wat Construction, they're open to small bids that may lead to larger contracts. (e.g. one house framing to another house framing)

**OTHER OUTSIDE CONSTRUCTION BIDS** Thank you for bids also they were competitive and very impressive with the way we should be building as to what we're building. Thank you again.

## 6 Houses – applying for six more units

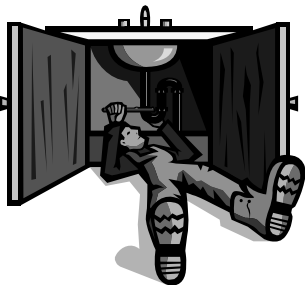
The process to apply for six more units all successful applicant have been notified to select property and house plans. Congratulations again.

## Hydro Disconnections

If your Hydro has gotten disconnected you should have your fridge and freezer cleaned out promptly so that the food does not go rotten. When your rental unit goes without hydro, it shall be considered abandonment and you shall be evicted. As stated in your rental agreement, section 7.1.5 in responsibilities of the Tenant will be responsible to pay all utilities costs. As previously stated going without hydro allows the rodents to eat at wiring and you will need an electrical inspection before hydro reconnection.



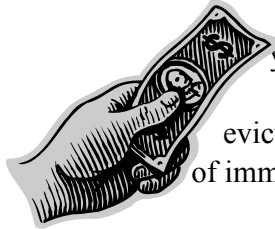
## Basic Home Maintenance Workshop



This workshop was very educational and informative for all of us and I wish that a lot more tenants could have made it. We hope to have this workshop again in six months and hopefully have more tenants there because we have more than ten tenants on rental agreements and a lot more home owners.

# Housing Update Continued

## Payroll Deduction Agreements



A reminder for those of you who work for the Mount Currie Band or the corporations and you have a debt for rent, user fees, home insurance or maintenance it is your responsibility, as an employee to sign a payroll deduction agreement. Please don't wait until you get your eviction notice, or another employee asking why they don't have and when it can be taken care of immediately after you are hired. This payroll deduction agreement must include your recurring charges and some put towards your arrears.

## Notice to all Homeowners

A reminder to all homeowners that you are responsible for your own house repairs; if you need assistance and you are good financial standing and in desperate need for repairing or plumbing we might be able to help you, BUT at the cost to you. This cost includes, pickup of new part being replaced, travel to and from Pemberton, and time the worker was there.

# L'il'wat Nation Grave Yard Work

Arnie Jim of the L'il'wat Nation, is doing some grave identification at the grave yard. The new graves will be added to the present map.

This is a good time for family members to come forward to identify any missing graves of their family. At the lands and resources office we have the present map on the wall. L'il'wat people please come to our office to check out this map.

Grave yards outside of the village of L'il'wat:

- 1) 4.5 km on Lillooet Lake
- 2) Long Point, across from Driftwood Bay
- 3) Mackenzie Basin
- 4) across Birkenhead river from Leqmets on the hill
- 5) Ure Creek, above the road
- 6) Ralph Dan/ Iris Dan : Zezelkwa
- 7) Isaac Frankie Wells : Xitolacw
- 8) Harold ( chubb) Pascal :Lillooet Lake, toward Ure Creek





**Lil'wat Nation**  
**Mount Currie Band**  
 PO Box , Mount Currie, V0N 2K0  
 www.lilwat.ca



**Below is a list of Band Contacts. Please feel free to contact us if you have any questions!**

Department	Contact	Number
Mount Currie Band Office	Hazel Joseph	604-894-6115
Creekside Resources	Michelle Thevarge	604-894-6145
Health Care Centre	Vickie Louis	604-894-6656
Wellness Centre	Gillian Paul	604-894-1663
Social Development	Kelly Andrew	604-894-1733
Xit'olacw Community School	Glenda Gabriel	604-894-6131
Ts'zil Learning Centre	Rachel Dan	604-894-2300
Land & Resources	Carolyn Ward	604-894-2333
Recreation	Dan Cindric	604-894-1663
Employment Centre	Kelly Andrew	604-894-1733
Lil'wat Culture Centre	Mary Elaine James	604-894-5826
Fire Department	Charles Frank- Fire Chief Duke Andrew- Assistant Fire Chief Marshall Ritchie- Safety Officer	604-894-6151
Post Office	Kara Joseph, Roxanne Dan, Andrew Cochrane	604-894-6241

### August 2009 Newsletter Deadline

The deadline for the next edition of the newsletter will be Friday July 31st, 2009. Please make your submission by dropping it off at the Band Office, faxing it to 604-894-1518 (Attn: Tracy Howlett) or emailing it to [tracy.howlett@lilwat.ca](mailto:tracy.howlett@lilwat.ca). If you have any questions please call Tracy at 604-894-2333.

If there is any thing in particular that you'd like to see included in the newsletter please let us know. We are doing our best to use this newsletter to update the community on what the Band Administration and Chief and Council are working on. Please send your ideas and requests to Tracy and we'll do what we can to include more information.