



Lil'wat Nation

Mount Currie Band Newsletter

May 2009



VOLUME 5, ISSUE 05

May 2009

A Message from the Chief

This month I want to mostly stress how important it is to plan. Our Council (all of us!) went on a Retreat for four days to do just that.



We dealt with issues such as The Two Chief System, Governance, and in general what our plans are for this term. There is more information about what we discussed covered in detail in this newsletter so I will not elaborate on it too much. What the retreat did do was to create a bonding between us that will certainly help us understand why we each do what we do for you, our people. Some got real homesick after a few days but some including myself, seemed immune to it. Mainly we wanted to just get the work done.

I see the issue regarding the Physiotherapist has mostly been resolved. I am meeting with the elders and hope to help resolve their issues soon also.

I hope to see a lot of you at the upcoming St'at'imic Days and later the Lillooet Lake Rodeo.

Kukwpi7 Taya,
Chief Leonard Andrew

In This Issue

- Chief and Council Retreat
- Xit'olacw Cultural Day at
- New Pemberton Valley Transit Schedule
- Canoe Carving Project
- 2010 Olympic Planning
- Communal Fish Licence
- Lil'wat7ul Culture Centre Programs

Important Dates!

- May 7th Cultural Day at Xit'olacw School
- May 8th DECLARATION DAY!!
Band Offices will be closed
- May 10th Mother's Day
- May 18th VICTORIA DAY
Band Offices will be closed.
- May 23rd Soccer Coaching Clinic

Chief and Council Updates

Submitted by Daniel Sailland

Chief and Council Planning Sessions

In April of 2009 Chief and Council engaged in a comprehensive Planning session facilitated by Andrew Leach. During these sessions Council identified three significant issues that need immediate attention.

- The improvement of Community Communications
- The enhancement of Council and Organizational Structures
- The review and consideration of a Two-Chief System for Lil'wat

With this in mind Council committed to immediately and aggressively develop a community communications strategy that would enhance communications with Members and contribute towards a respectful and safe environment to express and process our issues.

Council equally committed to plan and complete a consultation process with Membership on establishing a Two-Chief System for Lil'wat Nation.

Finally, Council is committed to addressing key administrative matters, including conducting a thorough; independently appraised review of the entire organization. It will seek constructive ways to improve efficiency and servicing to all.

Membership should recognize that Council work will take time, resources and cooperation from various sectors of our Membership. As well, we want all to focus on decisions that are based on good, common practice.

Two-Chief System of Governance

Chief and Council are seeking input on the creation of a two-chief system for Lil'wat Nation. A series of meetings for the end of June 2009 are being organized to present this idea to the community and to get feedback on how a two-chief system would work for Lil'wat if it were to be enacted.

More information, including a detailed schedule of meetings will be prepared and issued to the community by June 08, 2009.

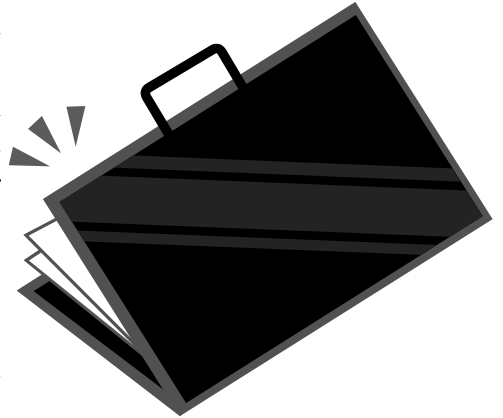
Community Communications.

Chief and Council recognize that regular open communications with membership is a key part of good governance. In order to better achieve this, Chief and Council will be hosting a number of discussion forums with various community groups in the upcoming months. Chief and Council will be meeting first with community elders and with their counsel will be developing a schedule of other future meetings including upcoming General Assemblies (GAs). Meeting schedules and notices will be sent to individual homes and will be printed in the community newsletter.



Chief and Council Portfolios

Chief and Council recognize the importance of being an active government that is responsive to the needs of the people they represent. Since 2005 Chief and Council have assigned portfolios to Council members to help focus their efforts while helping community members find the support they need for various concerns that they may have. For the 2009 – 2011 term the Council portfolios are as follows:



Education - *Councilors Martina Pierre & Lois Joseph*

The Education portfolio holders will focus their efforts on such areas as daycare services to elementary, secondary and post-secondary education within the community. They will help represent our students attending Signal Hill and Pemberton Secondary via the Parents Advisory Committee and they will help coordinate aboriginal jurisdiction negotiations.

Health - *Councilors Felicity Nelson & Joanne John*

The Health portfolio holders will focus their efforts on such areas as community health services, housing services, recreation services as well as community social development programs. They will help coordinate aboriginal youth sport legacies, winds of change initiatives as well as the Drug and Alcohol Task Force.

Land and Resources - *Councilors Chris Wells & Bruce Edmonds*

The Land and Resources portfolio holders will focus their efforts on areas such as Lil'wat Nation land use referrals; on reserve land management; land law and agricultural initiatives.

Language and Culture - *Councilors Morgan Wells & Vaughan Gabriel*

The Language and Culture portfolio holders will focus their efforts on Lil'wat Culture, Heritage and Language initiatives. They will help provide support with graveyard activities and during gatherings. Portfolio holders will also represent Lil'wat on the Spo7ez Society Board and for 2010 initiatives.

Governance - *Councilors Patricia Williams & Tara Smith*

The Governance portfolio holders will focus their efforts on such areas as Community governance structures, finances, general negotiations, some elements of human resources as well as community safety. They will coordinate with Police, fire and emergency services.

Economic Development - *Councilors Maxine Bruce & Rosemary Stager*

The Economic Development portfolio holders will focus their efforts on the creation of community benefit through economic development initiatives. This work will range from working with the community owned corporations and on reserve businesses to fund raisers and outside investors/partners.

Chief Leonard Andrew does not hold any specific portfolio but is responsible for all of the activities of Council. As such the Chief reviews most all materials and attends a wide range of activities for the community.

Further information and details will be issued to community members from Portfolio holders in the near future.



Community Corner!

Letters

Hello my name is Nicholas Louie and I live off-reserve in Mission, BC. I would like to congratulate Chief Leonard Andrew for the re-election of Chief and also to the council members. I find it vital to any band, First Nation Organization to have continuity. To have a stable governance leads to a stable future.

I had the opportunity to go up to our traditional territory on January 7, 2009 to assist my cousin to move back to Tipella. I felt so happy to come back home even if it was for a short period. I was so glad to see the development of the new hall and made a visit to the gas station/post office. Wow, is all I have to say.

Someday I would love to move home but my life in the city is busy for me right now. Maybe I will retire where I am from someday.

Thanks and congratulations to the newly elected Chief and Council and may this term and future elections be rewarding as each year gets better with developments and opportunities.

All My Relations,
Nicholas A. Louie ~ Qi7men

What does my community have to

offer me and my family so we can live a healthy lifestyle? While working towards my teaching career, I wrote a paper about "What my community has to offer" After researching I came to realize two areas of concern.

There's many sports/activities for our youth, but there wasn't any "ball hockey" me and my hubbies love for the game voluntarily ran and hosted youth hockey tournaments for 7 – 16 yrs old, for the past four years

Our Lil'wat children attending Pemberton Public Schools weren't receiving a Christmas present. And all the respect, honor and admiration for Xit'olacw staff to fund raise so their students receive a Christmas gift. As concerned parents, me and my hubby voluntarily started Palkumten X-mas so our Lil'wat children would receive a gift, this is our 4th year.

We appreciate any donations, volunteers and parental support. Over the years we've had the same dedicated volunteers fund raising, shopping, wrapping presents. It's a huge commitment, but we know why we continue to fund raise, all our Lil'wat children are important.

Parents and community must realize the schools don't give us the names of students, so we've used flyers as a way of advertising all our events, fund raisers and Christmas celebration. I've tried

to work this the Band – info used when signing up for school supply money in August, and called the schools but understandably, because os security reasons they can't provide info so please understand we're doing all we can. Any idea's, suggestions, donations, volunteers appreciated.

*A clarification on our bingo April 19, we had a \$1,000. Bingo game 20 for \$800.00 it was announced we cleared \$500.00 which wasn't the case. What was supposed to be announced was:

We only made \$905.00 not enough to pay \$1000.00 for game 20.

Bingo supplies \$185.00

Worker \$50.00

Free Ticket \$50.00

We made \$311.00 on 3 loonie items, so we paid game 20, \$800.00 and the workers and bingo cards paid from our loonie items.

Thank you,
Cina

Will be remembered will be missed yes that good old and also faithful Mount Currie Gym that was so sad

Editors Note: This newsletter is published by the Mount Currie Band Administration. The Administration reserves the right to refuse print of submissions. Please restrict submissions to 250 words or less and provide your name.

Community Corner Continued...

to see it torn down because that place help a lot of good memories which was so nice to know and they were all enjoyed by me and I'm sure by others too that live on the Mount Currie Band reserve so we hope and also pray that the very nice and also new community/complex will be a great big success in July 2009 and also in the future years yet to come when it opens its doors wide to the community and the old Mount Currie gym will be always remembers and not forgotten

because that good old gym held allot of past actives that were enjoyed especially by me doing such as these past ones.

- Gatherings of our deceased family loved ones
- Weddings and also those wedding dances
- Graduations 4 memorial tournaments such as the Basket Ball and Floor Hockey Tournaments

And also we cannot forget the most

enjoyable activity where allot of far away travelers came to watch and also enjoyed themselves there and that is those Pow Wows which was so nice to see and also so nice to be at during these Thanksgiving long weekends each year in October and also we cannot forget those past bingos that they once had upstairs in that old gym that we once had.

Inace Jacobs

Three Cheers for BIG WOLFPACK (U16) Yahooo!!!

Placed 3rd in Chehalis Tournament May 2nd – 3rd. The team played AWESOME and only had 2 practices before heading off to compete in a tournament. We are very proud of our Lil'wat Youth. Thank you ==)

List of player's that attended tourney:

Submitted by Jaclyn Jameson and Lucinda Phillips

Angel Saul (*ALLSTAR - Female*)
 Arlon Harris (*ALLSTAR - Male*)
 Ashley Henry
 Barren Gabriel Jr.
 Carlos Sam
 Dixie Jim
 Elsie Phillips
 Fawn Mussell
 Harris Andrew
 Isaiah Sam
 Jazziman Pascal
 Matt Dan
 Matt Nelson
 Patrick Henry
 Rory Pascal
 Shaquel Pierre (*MVP - Female*)
 Shaun Patrick (*MVP - Male*)
 Wacy Jim



Provincial Youth Conference

Submitted by Andrea Jones

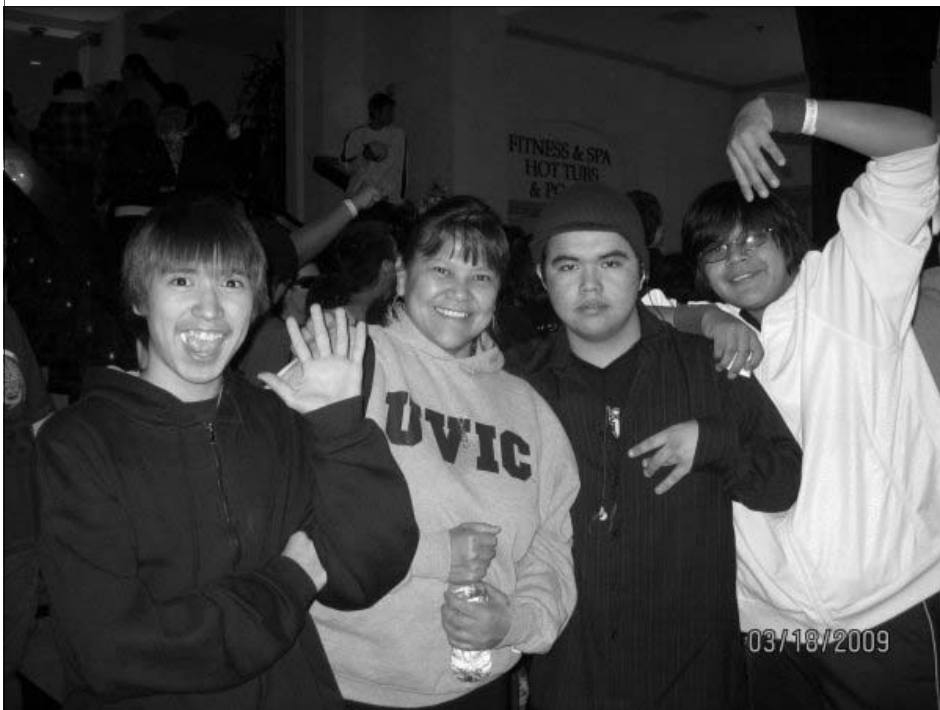
During the March Spring break three of our Lil'wat youth travelled to Kelowna to the Provincial Aboriginal Youth Conference. The youth; Zachary John, Barren Gabriel, JR and Michael Leo along with chaperone Andrea Jones would like to thank our three sponsors; Creekside Resources (Larry Miller), N.N.A.A.D.A.P (Cedric Jones) and The Wellness Center (Debbie Allendale). We need to give a special thanks to Dan Cindric for the discount for the use of the Band recreation van. We were joined by the Nquatqua youth; Alexis Pascal, Tashayna Peters and Linnea Ward. The girl's chaperone was Jeanne Cross.

The Youth conference is so popular and that there were 1,240 registered youth from B C , A l b e r t a , Manitoba, Ontario and Nunavut. We made friends from all over. We cannot wait for next year's conference.

The week long conference provided a lot of great opportunities starting with the evening entertainment; The hypnotist, Much music dance, talent show and pow wow. During the day, we participated in the very well run workshops that included; Elders, Cultural games, Personal growth and wellness, fashion, film, sports, and role models.



We want to thank our parents for giving us this great opportunity to meet some new friends. We also want to thank Andrea Jones for taking the time to chaperone us during Spring break. Once again, a very big thank you to the Managers of the Lil'wat Nation. Thank you sponsoring our Youth so that they were able to gain more knowledge and empower themselves to make healthier choices. We definitely look forward to going to the next conference, next year.



THANK YOU

Status Card Update

Submitted by Janice Pierre

Apply for your status cards at Mount Currie Band office (604 894- 6115)

If your paper laminate card has expired please apply for a renewal. I am currently issuing the paper laminate status card.

At this time Indian and Northern Affairs Canada is not in a position to provide a specific date when the new secure Certificate of Indian Status will be available. INAC will provide further updates on the progress, and will announce a launch date when ready.

U.S. Border Crossing requirements are changing—get compliant by June 1, 2009.

The New Secure Certificate of Indian Status Cards(SCIS) has not been given final approval by Homeland Security to be used as a Trans-border document by Land or Sea. For further information on accepted documents for entry into the United States visit the website for Western Hemisphere Travel Initiative (WHTI)

SPRING COURSE!!!!

Bringing Baby Home Couple's Workshop

Facilitated by Nancy Routley, Certified Gottman Educator

Research states that marital satisfaction decreases dramatically within the first year after a child is born.

What you will learn:

- What to expect during the transition to parenthood
- How to strengthen friendship, intimacy and build a strong foundation for your family
- Learn how to regulate conflict
- Learn about child development and how to co-parent with your partner
- Understand the signs of postpartum blues and depression
- Create a plan to keep dad involved

“The greatest gift you can give your child is a strong relationship between the two of you” - John Gottman

WHISTLER

Sat & Sun – May 30 & 31st - 9:00 – 4:00

Must Attend Both Days

please call Nancy Routley 604-938-4484 or Sign up on-line at www.routleycounselling.com

**This course is offered by Sea to Sky Community Services
“Putting Children First”**

NO CHARGE

**The course is for couples that are pregnant or have children up to three years old.
Non-mobile babies welcome!**

Ts'zil Update

By Nadine Pascal, Education and Training Coordinator

UCEP- University College Entrance Program is coming to an end for this first group.

April 24, 2009 is their last day of classes. Most students have come back into the office for further support for their Post Secondary Education in their career choices. They have been a wonderful bunch of students. Good Luck to each of you and all the best in your education.

We are accepting applications for September Fall 09 term. There will only be one intake for the UCEP program, meaning; September is the only time Ts'zil will consider applications for this program. There will be no intake in January term.

Ts'zil would like to congratulate all students that completed their programs this term, all the best to you. If you are continuing in September, please send us your program start and end dates, costs, acceptance letter into the program, and we will send your contract to the colleges.

We are working on a schedule for

our training programs. We are forecasting which programs to run this year so keep your eyes open for call outs for trainings.

There was a group of 10 guys that went out for their Level 3 Concrete Masonry program in Surrey. Congratulations to all the successful Lil'wat that achieved their certification.

We also have 3 guys out in North Vancouver taking their Level 2 in Carpentry with Squamish Nation. Nearly done. Keep up the good work guys.

We completed another Bladerunner Program with Cindy Jacob. We buy seats and provide the training to our list of members interested in taking training courses. There was WHIMIS, Fork Lift, First Aid Level 1, Confined Spaces, Lock out, Fall Protection and Traffic Control. There are many band members with certification to aid in employment opportunities.

Thanks to Jessica Frank-Director of Childcare Services, we have had the Food Handlers certificate

program on March 31, 2009. This was a free of charge service delivered for Mt. Currie, yeah! It was a good turnout; there were 7 members that took this all day course.

Please keep your eyes open for when we post our Fall '09 courses offered.

Important Date To Remember

June 1, 2009 for Fall '09 Enrolment. Selection will be based on: transcript, eligibility, and priority list.

If you would like to be considered for training programs, please come in and see a staff member to fill out a PIF (Personal Information Form) and write on the form which program you are interested in. We need a phone number to contact you if the program comes up to inform you of your saved seat.

Thank you.

NOTICE

All Mount Currie Band Offices, Schools and Services will be closed on

Friday May 8th in observance of

DECLARATION DAY

All offices will resume their regular schedule on Monday May 11th

Fisheries Field Technician Certificate Program

Submitted by Elizabeth Pierre

Overview:

The FFTCP is a five-week fisheries field technician certification program offered by Vancouver Island University. The program is designed to address the province-wide need for certified, skilled fisheries field technicians.

The FFTCP is designed to be delivered directly within B.C. communities, utilizing local streams and regional watersheds as the "classroom".

The FFTCP will provide participants with in-demand skills and knowledge in salmonid biology, fisheries field techniques, as well as fish habitat inventory, assessment and restoration techniques.

Agenda:

The FFTCP is comprised of 10 course modules, delivered over a 5-week period, Monday to Friday. The daily delivery format is typically an 8-hour session, with approximately 8 classroom days and 17 field days. Classroom and field sessions typically run from 9am - 4:30pm and 9am - 5 or 6pm respectively. Longer field sessions are common when extensive travel to field sites is involved. Additionally, FFTCP staff is available for scheduled tutoring and assistance.

Objectives:

The FFTCP is designed to address the province-wide need for certified, skilled fisheries field technicians. This program is designed to provide relevant, in-demand training to individuals seeking to acquire or upgrade fisheries field skills. Graduates of this program may then become certified technicians, ideally suited for employment conducting the following types of fisheries work:

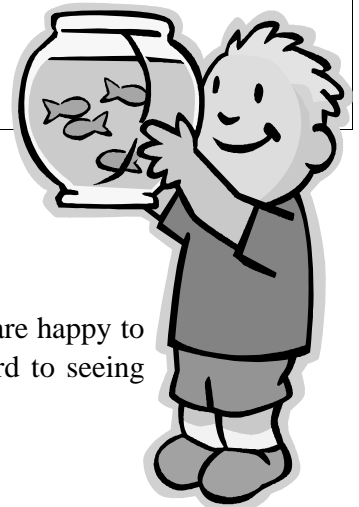
Adult and juvenile inventory and assessment	Stream crossing inventory, assessment, and restoration
Fish habitat inventory, assessment, and restoration	Project planning, data management and contract management
Stream bank and hill slope restoration	Fisheries mapping

Course Schedule:

Monday, May 04, 2009 to Friday, June 05, 2009
 9:00 to 5:00 Monday to Friday

There were 10 seats available for the course however, as of Monday May 4th, we are happy to report are filled! We wish the students luck with their program and look forward to seeing them out and about in our streams and waterways.

This information has been cut and paste from the www.mala.ca/nrep/ website.



N.N.A.D.A.P. National Native Alcohol & Drug Abuse Programs

Submitted by Cedric Jones

Cedric will be away at Training at a Colleagues Program in Lantzville, BC at one of our N.N.A.D.A.P. treatment centres Tsow-Tun Le Lum. Training starts April 26, 2009 and will be complete by May 15, 2009. Cedric will be back at work May 19, 2009.

The Lil'wat Men's Group will be postponed April 30, May 7, & May 14, 2009 And start up again May 21, 2009. Alcoholics Anonymous will continue every Wednesday Evening at 8:00 pm-9:00 pm located at the Employment Centre in Mount Currie.

For N.N.A.D.A.P. work & counselling, Norma Pierre will available for community A/D services at the Mount Currie Health Centre 604-894-6656 Monday – Friday 9 AM-5 PM

Smulhats is an Upper Lillooet word for woman, so the name has changed to a Mt. Currie word:

Syeqyáqsta7 – is the Mt. Currie word for women.

Lil'wat Syeqyáqsta7 Group

Monday evenings

7 pm to 9pm

At the Mount Currie Health Centre

With Norma Pierre, NNADAP Counsellor

(604) 894-6656

POSTPONED UNTIL MAY 21st!!

Lil'wat Men's Group

Thursday Evenings

7 pm – 8:30 or 9 pm

At the Mount Currie Health Centre

with Cedric Jones, NNADAP Counsellor

(604) 894-6656

New Pemberton Valley Transit Service

Combined Schedule Starting March 30, 2009 - Fall 2009!

99 Pemberton Commuter: To Pemberton					100 Pemberton Local (All trips operated by Local Taxi Shuttlebus)						99 Pemberton Commuter: To Whistler				
V	Z	Y	PH	PH	OS	NS	CS	OS	PH	PH	Y	Z	V		
Ar. Pemberton Hotel (Transfer to Local service) Lv. Meadow Park Sports Centre Lv. Whistler: Greyhound Intercity Bus Loop Lv. Gondola Transit Exchange					Lv. Pemberton Hotel Lv. Old Site: #10 Rd. at Main Lv. New Site: Creekside Rd. at School Rd. Lv. New Site: Community Store Lv. Old Site: #10 Rd. at Main Ar. Pemberton Hotel						Ar. Gondola Transit Exchange Lv. Whistler: Greyhound Intercity Bus Loop Lv. Meadow Park Sports Centre Lv. Pemberton Hotel (Transfer fr Local Service)				
Trip operated by:										Trip operated by:					
W	6:32	:	6:38	7:04	7:40	7:53	8:07	8:10	8:25	8:40	G	4:40	-	5:15	
	-	-	-	-	-	-	-	-	-	-	G	7:00	-	7:35	
	-	-	-	-	-	6:31	6:34	6:45	7:04	W	7:08	7:39	-	7:45	
	-	-	-	-	8:40	8:53	9:07	9:10	9:25	9:40	G	9:45	-	10:20	
G	-	8:45	-	9:20	-	-	-	-	-	-	G	-	-	-	
G	-	10:45	-	11:20	11:20	11:33	11:47	11:50	12:05	12:20	G	12:30	-	1:05	
G	-	1:45	-	2:20	2:20	2:33	2:47	2:50	3:05	3:20	G	3:30	-	4:05	
G	-	3:45	-	4:20E	4:20	4:33	4:47	4:50	5:05	5:20	W	5:23	5:49	-	
	-	-	-	-	-	-	-	-	-	-	G	5:30	-	6:05	
W	4:45	:	4:51	5:17	5:20	5:33	5:47	5:50	6:05	6:20	W	6:40	7:06	-	
G	-	5:45	-	6:20	-	-	-	-	-	-		-	-	-	
W	6:05	-	6:11	6:37	6:40	6:53	7:07	7:10	7:25	7:40		-	-	-	
G	-	9:40	-	10:15E	-	-	-	-	-	-		-	-	-	
W - Service provided by Whistler Transit; W trips depart from Gondola Transit Exchange Stop #1. G - Service provided by Greyhound; G trips depart from the Whistler Intercity Bus Loop on Village Gate Blvd. E - Trip extends to Mt. Currie upon request.					*All local service provided by Pemberton Taxi. Transfer to/from regional commuter service at Pemberton Hotel. **There's an additional Local trip from 8:40 - 9:40 am ***There is no 5:35 am Local or 6:08 am Commuter bus during this Spring - Fall 2009 Schedule						W - Service provided by Whistler Transit; W trips depart from Pemberton Hotel stop. G - Service provided by Greyhound; G trips depart from Pemberton Greyhound depot.				

For further info see: www.busonline.ca or email: pdejong@sld.bc.ca

Call 604-938-4020 for transit info, 604-894-5976 for Greyhound, & 604-894-1111 for Pemberton Taxi

You can now purchase your monthly passes or discounted Books of 10 at the new Community Centre in Pemberton!

Pqusnalhcw Child Development Centre

Submitted by Jessica Frank, Director and Anita Willier

Needs Assessment

Pqusnalhcw Child Care Centre is doing a Needs Assessment for the Community Building for community members who will be requiring Child Care while their parents work or attend school. We are conducting this Needs Assessment to determine how best we can meet the needs in Mount Currie.

Please return this questionnaire to: Jessica Frank by Friday, May 1, 2009 by 4:30 p.m. Call or contact for further information: (604) 894-6656 ext. 247 or by Jessica.Frank@lilwat.ca

Daycare Closure

Pqusnalhcw will be CLOSED Friday, May 8, 2009 for St'at'limc Declaration Day and on Tuesday, May 20, 2009 for staff Professional Development Day. If you have any questions please contact Jessica.

Responsible Adult Training

Pqusnalhcw is compiling a list of Community members who are interested in taking the Responsible Adult Course Curriculum. 20 hours of training are required to qualify as a Responsible Adult in Child Care Settings as stipulated by the Child Care Regulations. We need Child Care providers and are working to help get our people trained. The Course covers child development from birth to 12 years of age, positive child guidance, and health & safety perspectives. Please contact Jessica if you are interested.

Daycare Garden

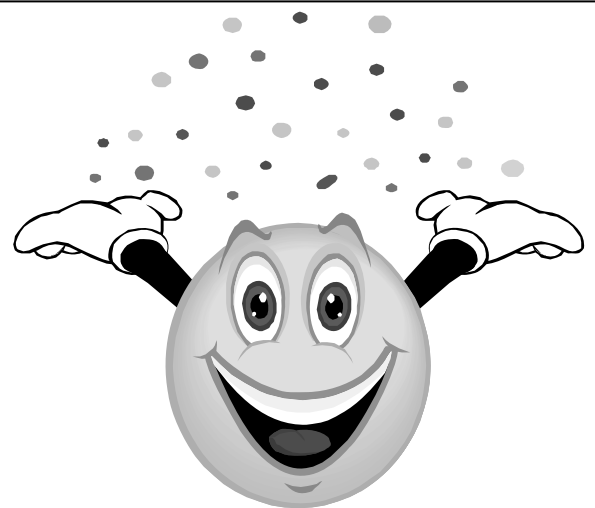
Pqusnalhcw would like to start a daycare garden and is looking for donation of seeds, garden tools and lumber for garden beds. We need volunteers to build garden beds if you can help out the child care centre please contact Jessica.

Mark your calendar

Literacy Workshop is for parents on Monday, May 25, 2009 from 9:30 am to 10:30 am. Start of the morning with snacks and then end session by giving each family a book. This will provide families a few early literacy strategies.

FUN FRIDAYS at Pqusnalhcw

May 1st	Summer Hats
May 15th	Western Wear
May 22nd	Jersey Day
May 29th	Inside / Backward Day



Pqusnalhcw Supported Child Development Consultant

Submitted by DeShanna Gonzales, Consultant

I provide services for families who have children with special needs from ages birth to 19 years of age. Children and Youth who benefit from support are those who have:

- Difficult Behaviours
- Developmental Delay
- Health Concerns
- Speech and/or Language Delays

If you have any questions or concerns about your child's development you can contact me at the Mount Currie Health Centre at 604-894-6656 at ext. 241.

Please call me if you are interested in substituting and we can set you up with orientation and put you on our call list.



Milestones: Four Years

By the age of Four years does your child.....

- Use scissors well
- Initiate conversation
- Like make believe and dress up
- Show concern and sympathy for younger siblings or children in distress

Red Flags:

Concerns may arise if your child most of the time.....

- **Has difficulty holding a crayon/pencil**
- **Is not understandable by others unfamiliar with the child**
- **Seems not to notice when others are in distress**
- **Reacts to discipline with aggression**

* Note: It is recommended that all children by this age have a vision, hearing, and dental check-up. Ask your family doctor or public health unit where these services are available in your community.

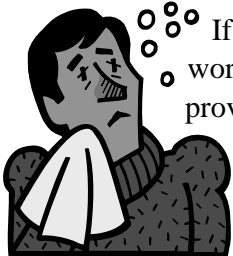
AN IMPORTANT NOTE ABOUT SWINE FLU

The Mount Currie Health Center staff participated in a teleconference on the Swine Flu last Thursday April 30th. The good news is there is no need to panic. To date there are no known cases of Swine Flu in "any" Aboriginal Community in Canada. This is a flu like any other flu and the safeguards are the same. The old, young and people with weak immune systems are always at risk of dying from any flu strain. Check the next page for symptoms and tips for avoidance.



Influenza is caused by viruses, and is generally spread when an infected person coughs or sneezes. Here are six simple, common sense precautions that can help safeguard everyone's health:

1. Stay home when you're sick or have influenza symptoms. Get plenty of rest and check with a health care provider as needed.
2. Avoid close contact with people who are sick. If you are sick, keep your distance from others to protect them from getting sick.
3. Cover your mouth and nose with a tissue when coughing or sneezing, and throw the tissue away immediately. It may prevent those around you from getting sick.
4. Wash your hands. Washing your hands often will help protect you from getting sick. When soap and water are not available, use alcohol-based disposable hand wipes or gel sanitizers.
5. Avoid touching your eyes, nose or mouth. You can become ill by touching a surface contaminated with germs and then touching your eyes, nose or mouth.
6. Practice other good health habits. Get plenty of sleep, be physically active, manage stress, drink plenty of fluids, eat nutritious foods, and avoid smoking, which may increase the risk of serious consequences if you do contract the flu.



If you have a fever or cough illness, regardless of where you have travelled, stay home from work or school and limit contact with others to keep from infecting them. See a health care provider if your symptoms become worse but call ahead of time to let them know you have fever or cough illness.

You can call HealthLink BC at 8-1-1, 24 hours a day/seven days a week to speak to a nurse if you have more questions or if feeling ill.

Free Counselling Services for Mount Currie Community Members

We believe that people are experts in their own lives and counselling can help people honor their knowledge, goals and abilities to solve problems. Counselling can bring greater personal awareness and opportunities to find new ways to cope with conflict and create new communication opportunities.

Counselling sessions can be booked Saturdays between 10:00-4:00 at The Mount Currie Health Centre. Families, Individuals and Youth are Welcome

Please call Tanya Richman at 604-966-6230 or Kerrie Palmer at 604-966-6196 to book an appointment.

Mount Currie Health Centre

Submitted by Christina Leo, Kerrie Palmer and Sheila Bikadi and Lucy Pascal

Maternal Child Health Programs Update

Any parent needing any help with Birth Certificates, Medical Service Plan Card, Status Card, Child Tax Benefit etc., Lucy Pascal is available to help you out with that.

Talk Learn and Grow Together- A Lil'wat Family Enhancement Program, is starting in May. Join us for a 7 week program that helps us become more aware of the wonderful ways we can join in with our children. We meet once a week at the Health Centre. Dinner and Babysitting is provided.

Make The Connection Parent Program for Babies 0-1 year - This New program has successfully been delivered for the second time here at the Health Centre. Congratulations to the families that completed it the first time and to the Mother that stayed through out the second time around.
Woo Hoo!

Prenatal Coupons- Unfortunately due to the Funding Agreement with Indian and Northern Affairs Canada (INAC) we can only distribute coupons to mothers that live On Reserve.

Prenatal Class- If you are pregnant and are unable to make the Prenatal Class, One on One is available in your home or in the Health Centre.

If you would like more information about any and all programs and services offered from Maternal Child Health Program please contact Lucy Pascal Ext 249 or Sheila Bikadi ext 246 at 604 894 6656 .



Reasons why Breast Feeding is Best

- Breastfed babies are much less likely to get ear infections, colds, flues, vomiting, diarrhea or to have allergies.
- Breastfed babies may have extra protection from Sudden Infant Death Syndrome(SIDS).
- Breast milk gives your baby the nutrients he/she needs. Your breast milk changes as your baby grows to meet her changing nutritional needs.
- Breast milk is easy to digest, so breastfed babies have less colic and fewer digestive problems.
- Breast milk is the most balanced food you can feed your baby. It passes on valuable antibodies, it's always the right temperature, it doesn't require sterilization and it's free!
- Breastfeeding helps a mother and baby feel close and to get to know each other. This closeness helps the baby's emotional development, and it helps the baby's brain develop properly.
- Breast feeding is better for the environment and is convenient. You don't need bottles, liners, or nipples. And you don't have the hassle of preparing formula or warming bottles.
- It makes a mother feel good to know that she is the only one who can nourish her baby this way.

Maternal Child Health Calendar

Submitted by Sheila Bikadi

Call the Mount Currie Health Centre at 604-894-6656 if you have any questions

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	27 Shopping w/coupons 10am-1pm Prenatal Class 'Labor & Delivery Part 2' 1-3:30pm	28 *HPOP in Pemberton 12:30pm-2pm Baby Clinic Immunizations 1-4:30pm	29 No Baby Clinic	30 Make the Connection 0-1' 12:30pm-2:30pm	1 Make the Connection 0-1' 12:30pm-2:30pm	2
3	4 Shopping w/coupons 10am-1pm Prenatal Class 'Breastfeeding' 1-3:30pm	5 *HPOP in Pemberton 12:30pm-2pm Baby Clinic Immunizations 1-4:30pm	6 Baby Clinic Weighing & Measuring 2-4:30pm	7 Make the Connection CELEBRATION 0-1' 12:30pm-2:30pm	8 Declaration Day	9
10	11 Shopping w/coupons 10am-1pm Prenatal Class Video, Sewing 1-3:30pm	12 *HPOP in Pemberton 12:30pm-2pm Baby Clinic Immunizations 1-4:30pm	13 Baby Clinic Weighing & Measuring 2-4:30pm	14	15	16
17	18 Victoria Day	19 *HPOP in Pemberton 12:30pm-2pm Baby Clinic 'Immunizations' 1-4:30pm	20 Baby Clinic Weighing & Measuring 2-4:30pm	21	22	23
24	25 Swimming in Whistler Leave MCHC @ 11am Return @ 4pm Must be 12-36 weeks. Sign up @ Prenatal Class On Mondays	26 *HPOP in Pemberton 12:30pm-2pm Baby Clinic' Immunizations' 1-4:30pm	27 NO BABY CLINIC	28	29	30

*HPOP - Healthy Pregnancy Outreach Program for Pregnancy to Babies aged 6 months

Missed a prenatal class? Call Lucy for 1 on 1 At Health Centre or in home visit.
Messages can be left on ext. # 246-Sheila or #249-Lucy

Lil'wat Wellness Centre

Submitted by Miss G. Paul. Wellness, Administrative Clerk

Hello Lil'wat!

The Lil'wat Wellness centre is here to serve you in the best way possible. Our door is always open for our people who are in need of Family Support. We are committed to building on the strengths of children, youth and families within the Lil'wat Community. Our services are designed to encourage and support spiritual, mental, emotional, and physical growth. It currently staffs six employees, whom you may have seen around the community.

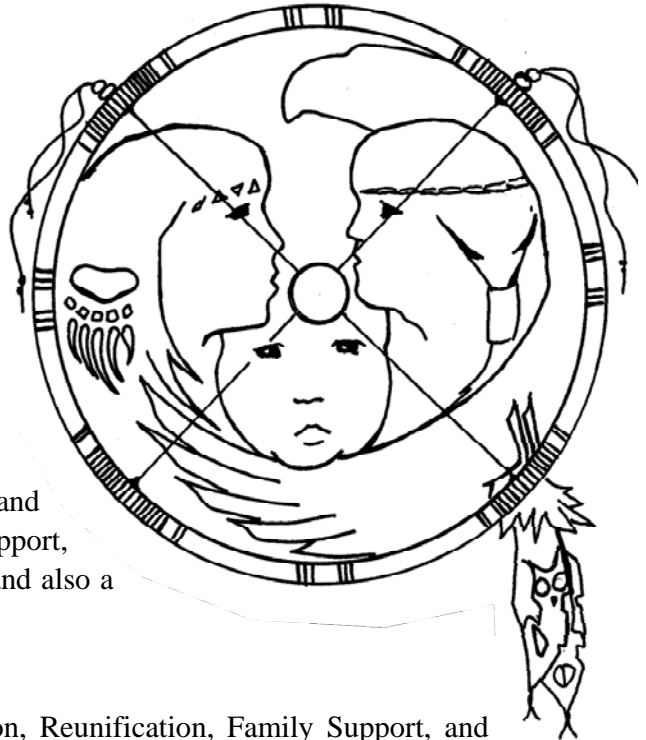
Debbie Alendal is our Team Leader, she is also a Band Representative for our people who are in need of Family Support, etc. Natalie MacKay is our Family Support Social Worker, and also a Band Representative.

Margaret Jones and Tari Minniti are our Family Preservation, Reunification, Family Support, and F.A.S.D Key Workers. F.A.S.D. Key workers provide early intervention and support for families/people living with F.A.S.D. These services are Community Based, and Family Oriented Services. Family Pres./Reunification is a mandated program, whereas, family support is completely voluntary. The family support workers can assistance with monthly budgeting; information on resources and Parenting Techniques, or assistance with forms such as Child Tax Benefit, or Child Care Subsidy. These are only a few examples of a Family Support Worker.

Kristin Hargitt is our Family Support Social Worker and GFA worker. Guardian Financial Assistance provides financial support to community members caring for children. I, Gillian, better known as "Miss", am the Wellness Centre Administrative Clerk, Front Desk. My job is to take, and direct phone calls, appointments, and walk-in clients. I am also staff support. We also have a Family Support Counselor, Kevin Kennedy, who is in office every other week for 2 days for community members who are in need of Family Support Counseling. Please call me at (604) 894-1663, or come in to schedule an appointment.

Kukwstumckacw,

Wellness Centre Team



2010 Elder Fire Keeper Nomination

Submitted by Daniel Cindric, Recreation Director



The Vancouver Organizing Committee for the 2010 Olympic and Paralympic Winter Games (VANOC), in partnership with the Four Host First Nations (FHFN), has the goal of achieving unprecedented Aboriginal participation in the planning and hosting of the Vancouver 2010 Olympic and Paralympic Winter Games. To that end, a comprehensive strategy for Aboriginal participation in the Olympic Torch Relay was developed. Included in this strategy is the Honorary Elder Fire Keeper Program.

The Vancouver 2010 Olympic Torch Relay presented by Coca-Cola and RBC and supported by the Government of Canada is excited to offer each Aboriginal community where the Olympic

Torch Relay (OTR) makes a scheduled stop the opportunity to recommend to VANOC a representative Honorary Elder Fire Keeper.

In recognition of the Aboriginal tradition of fire keepers, the honorary elder fire keeper will welcome the Olympic Flame to the community in a 5 - 10 minute ceremony and, in accordance with the Nation's traditions, acknowledge and/or provide a blessing to the Olympic Flame.

Through the Olympic Flame, this blessing along with those of other Aboriginal route communities will be carried to the opening ceremonies of the Vancouver 2010 Olympic Winter Games and bestowed to the Olympic cauldron on its lighting.

The general requirements to be an Honorary Elder Fire Keeper are as follows:



- Is an elder as determined by the community
- Is a positive role model to others and is well respected by the community
- Is an inspiration to others
- Is an exemplary representative of her/his community
- To wear their traditional regalia/clothing for this event
- May be required to have a security check

Nomination forms are available at the Band Office or via email from Dan at Daniel.Cindric@lilwat.ca

Soccer Coaching Clinic

Where: Xit'olacw Community School Field (Inside if raining)

When: May 23rd 10am-4:30pm

Who: Open to anyone interested in coaching soccer.

Cost: FREE!!









Topics: Team Management, Drills, Team tactics, Much more!

Call Dan at
894-1664
to register!



May Recreation Calendar

By Dan Cindric, Recreation Director (May 11 to June 30th)

Time	MON	TUE	WED	THU	FRI	SAT	SUN
3:30pm to 4:00pm							CULTURE TIME
4:00pm to 4:30pm			DODGEBALL 4:00 to 5:00 12 and Under XCS Gym	NEW PROGRAM 4:00 to 6:00 All Ages XCS Gym			2:00 to 6:00 All Ages XCS
4:30pm to 5:00pm	DODGEBALL 4:30 to 5:30	ART FUN 4:30 to 6:30		REMOTE CONTROL CAR RACING 4:00 to 6:00 All Ages XCS Cafe			
5:00pm to 5:30pm	12 and Under XCS Gym	All Ages XCS Cafe	READING CLUB 5:00 to 6:00 XCS Culture Centre	DODGEBALL 5:00 to 7:00 All Ages XCS Gym			
5:30pm to 6:00pm	DODGEBALL 5:30 to 7:00 All Ages XCS Gym						
6:00pm to 6:30pm			CALI KICK BALL 6:00 to 8:00 Ages 10 & Up XCS Gym	KARATE 6:00 to 7:30 15 and Under XCS Cafe			
6:30pm to 7:00pm				FAMILY NIGHT 6:00 to 9:00 All Ages Lil'wat Place			
7:00pm to 7:30pm	FAMILY POWWOW DANCING 7:00 to 9:00 XCS Cafe		FAMILY HAND DRUMMING 7:00 to 9:00 15 and Over XCS Cafe				LADIES BASKETBALL 7:00 to 9:00 15 and over XCS Gym
7:30pm to 8:00pm							
8:00pm to 8:30pm							
8:30pm to 9:00pm							
9:00pm to 9:30pm							
9:30pm to 10:00pm							

For more information call Dan Cindric at 604-894-1663 or email at daniel.cindric@lilwat.ca

In Honour of Mother's Day – May 10th

Answers given by 2nd grade school children to the following questions:

What ingredients are mothers made of?

1. God makes mothers out of clouds and angel hair and everything nice in the world and one dab of mean.
2. They had to get their start from men's bones. Then they mostly use string, I think.

What kind of a little girl was your mom?

1. My mom has always been my mom and none of that other stuff.
2. I don't know because I wasn't there, but my guess would be pretty bossy.
3. They say she used to be nice.

What did mom need to know about dad before she married him?

1. His last name.
2. She had to know his background. Like is he a crook? Does he get drunk on beer?
3. Does he make at least \$800 a year? Did he say NO to drugs and YES to chores?

Why did your mom marry your dad?

1. My dad makes the best spaghetti in the world.

And my mom eats a lot

2. She got too old to do anything else with him.
3. My grandma says that mom didn't have her thinking cap on.

Who's the boss at your house?

1. Mom doesn't want to be boss, but she has to because dad's such a goof ball.
2. Mom. You can tell by room inspection. She sees the stuff under the bed.
3. I guess mom is, but only because she has a lot more to do than dad.

What's the difference between moms and dads?

1. Moms work at work and work at home and dads just go to work at work.
2. Moms know how to talk to teachers without scaring them.
3. Dads are taller and stronger, but moms have all the real power 'cause that's who you got to ask if you want to sleep over at your friends.
4. Moms have magic, they make you feel better without medicine.

What does your mom do in her spare time?

1. Mothers don't do spare time.
2. To hear her tell it, she pays bills all day long.



Come and discuss your favourite books!!

Ages 15 and up

Tuesdays from 5pm-6pm starting May 11th

At the XCS – Culture Centre

For more info contact Dan: 604 935 4840 or daniel.cindric@lilwat.ca

Canoe carving project

Submitted by Michelle Beauregard, Aboriginal Literacy and Cultural Support Worker, Pemberton Secondary School

There is a strong smell of red cedar in the air at Pemberton Secondary School. This Spring a class of about 25 wood carving students will be chipping, sawing and gouging out a traditional 8 and a half foot long red cedar canoe with local Lil'wat Nation carver Bruce Edmonds.

"Part of my responsibility as a carver is to pass along the knowledge of carving so it will be carried on. It's a spiritual thing to carve a canoe working with the wood or the tree, and giving it another purpose or path. When I carve I think about my life and evaluate where I am. Carving takes patience and respect for the tools and the wood."

The canoe at P.S.S. will be Bruce's third canoe project. Bruce has been a carver for many years and some of his work can be seen in Squamish Lil'wat Cultural Centre in Whistler and in the Callaghan Valley Nordic Centre. Bruce carved his first canoe with Ray Natrell from the Squamish Nation in the summer of 2006 with a small group of carvers here in Mount Currie.

Students will be working from start to finish of with the actual 200 year old red cedar tree claimed from Lillooet Lake. Boyd Hargitt is the woodwork teacher at P.S.S. who

has teamed up with Edmonds to create this unique hands-on First Nations cultural experience within the wood carving program. The canoe will be installed permanently at the school's entrance to welcome everyone.

"Traditionally canoes in the Lil'wat Nation territory were made up to 30 feet long and they were built outdoors close to the water" Bruce explains. "They carried many things and people. There are archeological remnants of canoes going back hundreds and thousands of years around this area. These places are protected and marked. A long time ago the people used tools like bone and obsidian to carve. The canoe was burnt and scraped out to make the shape. The inside curves were

shaped by steam. Fish heads were put inside the boat with water to put a protective layer of oil on the wood and seal it. Sap and pitch were also used to seal the wood and boughs were used to give the shape of the canoe sides."

There will be a traditional dedication ceremony for the canoe to celebrate its completion and the efforts of all the student carvers.



Lil'wat Carver, Bruce Edmonds, works on a canoe at PVSS

Mount Currie Board of Education Update

By Verna Stager, Xit'olacw Community School Administrator

At the last School Board Meeting the School Board reviewed administrative job descriptions that will now be sent to Senior Administration for their input and approval. The board listened to a verbal report on the most current issues in the Jurisdiction process. Minister Chuck Strahl has given the INAC staff orders that he wants to see movement in this process.

The key negotiation factor currently is the dollar amount required to implement the agreed upon process. Funds being negotiated are for the operation of the provincial body the First Nation Education Authority, the operation of the Mount Currie Education Authority and the operation of the Xit'olacw Community School.

The Board discussed the proposal from Missy Roetter, Youth Coordinator of Trinity Episcopal Church who would like to bring a group of youths from June 5 – 12 to work with some of our youths to clean up and paint the brown trailer to be used for the Youth and the ice rink. Councillor Chris Wells is involved in this project and it is planned to have it as a Super Course for our students from June 5 – 12, 2009. There will, therefore, be a group of youths from our school working with their youth to get this project completed. This project should be a great experience for both groups.

The Board also reviewed the Targeted Dollar allocation draft from Howe Sound #48.

They were notified that our Bus

Driver, Sheila Harris is on maternity leave, and that Raymond Gabriel is our Bus Driver and Bess Wallace will be the Head Bus Driver in her absence. Sheila has a new baby girl, Shirlyne, to enjoy.

The Board also had a Budget review that will be presented to the Chief and Council.



Howe Sound #48

Howe Sound #48 is busy with their new budget and Juanita Coltman has reported that although there were some financial cut-backs in the district there were no cuts to the monies for aboriginal education.

A meeting was held at the Ts'zil center on April 16 with Howe Sound #48 complete with a session teaching all participants to play the Bone Game. Participants

were various teachers, vice-principals, principals, H.S. Board staff, and Mount Currie representatives were Martina Pierre, Priscilla Ritchie, Georgina Nelson, and I. We reviewed the Aboriginal Enhancement goals and the Aboriginal Report – How Are We Doing? For 2007/2008. This report can be found on the Howe Sound #48 website and I have not finished analyzing the

information as yet.

We will need to begin to negotiate with Howe Sound #48 in the next school year a Local Education Agreement as this is a necessary step in implementing the Jurisdiction process if it is approved.

Xit'olacw Community School

By Verna Stager, Xit'olacw Community School Administrator

Staff and Board Members have just returned from attending the 13th Annual First Nations School Association conference and Annual General Meeting. It was held on Friday and Saturday. All reports were that the workshops were great. There were many interesting and varied topics to choose from.

We had a successful Science Fair on Earth Day organized by Vanessa Liston and Paul Burley.

Jeanette Green and I



attended a meeting in Vancouver on April 23rd regarding our School Assessment by the First Nations School Association that is scheduled for next year. It is not finalized yet as to whether we will have our assessment in the next school year because of piloting the Teacher Certification program and the Olympics. The decision would have to be approved by INAC as it is part of our funding agreement with them. We should be getting this decision resolved one way or

another soon.

Currently, all our students are busy writing their Canadian Achievement Tests. The High School mid-term reports will be completed and mailed soon.

Jeanette Green is already busy with plans for Cultural Day which will be a change from our Calendar from Friday, May 8th to Thursday, May 7th; Friday will be the Declaration Day holiday. Two other events are coming up fast the Eagle Run, and the Flake Rodeo. We will be extremely busy from now until year end.

Xit'olacw Gym Committee

The Xit'olacw Gym Committee members are Eleanor Wallace, Maisie Mernett, Tammy Williams, Mark Gabriela and Gladys Joe.

The following is facility rental information for gym, cafeteria, and kitchen.

An application must be filled in before renting facility. Applications and price lists are available from Gladys Joe

Clean-Up

Please read clean-up check list thoroughly. In the past few months groups have not been cleaning up according to the

check-list, and some rooms are not properly cleaned. It's not fair to groups that show up after that the areas are not cleaned and ready for them.

If a group does not have a clean up crew, a custodial worker will be available at \$15.00 per hour, per person. It is the renter's responsibility to pay the worker.

When tables, chairs or stage are going to be used in the gym, the tarp is a must. The tarp must be swept, mopped and rolled back onto its trolley afterwards. This requires at least 4 people to set up & clean.

Stage

There are 8 platforms which are

very heavy. They require at least 6 people to set up & put away.

PA System

\$50/hr in-house rental only. Must not leave school premises. An AV Technician is 540.00. (will only set up equipment) The renter is responsible to pay the technician. The technician does not stay with any event unless the renter pays for his time.

Garbage

All garbage must be taken from the school and brought to the landfill





Xit'olacw Cultural Day

Thursday, May 7, 2009
Xit'olacw Community School

Celebrating Líl'wat Declaration Day

Hand Drummers Bring Your Drum!

9:00 a.m. - 12:15 p.m.
Classroom Activities


12:15 p.m. - 1:30 p.m.
Lunch provided for Elders and Drummers in the Home Ec. Room.
Lunch Sale - Barbecue by High School Girls Soccer
Lunch - Regular Lunch Program in the Cafeteria

Trading Post
If you want an item from the Trading Post, you need to bring an item to trade.

1:30 p.m. - 3:00 p.m.
Ceremony in Celebration of Líl'wat Declaration Day
Reading of the Líl'wat Declaration
Drumming Singing
Craft Tables are available (no charge)

Please Note - There is no school on Friday, May 8, 2009.

Kukwstumckacw, Verna Stager, Administrator



Lil'wat Business Corporations Update

By Larry Miller, General Manager

The Corporations are currently reassessing our direction and focus on what businesses we are in and what business we should or shouldn't be doing. We want to make sure the corporations are not taking away opportunities that community entrepreneurs could and should be doing that contributes to an overall healthy economic community. Community entrepreneurs need to be encouraged and supported in starting and building their businesses. The corporations' role is to take on the economic activities that are generally larger or more difficult for individuals to participate in.

For example, the large on and off reserve construction projects to provide jobs and on-the-job training, generate revenues and profits that flow back into the community. Such as the Callaghan project, pre-casting barriers and bridge deck panels at LCA, the new Community Complex and Grocery Store, and Fitzsimmons Creek project.

As spring is here, we are starting

back up the summer projects. The Fitzsimmons Creek Barrier project is underway employing approximately 7 members. Construction is continuing on the Community Complex and Grocery Store with 20 employees.

The reconstruction of the sports field across from the new complex is also getting underway. It will be leveled for good drainage with proper topsoil and an irrigation system.

We are starting to sell aggregates on a larger volume scale from various locations, including Rutherford Creek, for various highway improvement projects and construction projects in the area.

The recreation campsites along Lillooet Lake and Owl Creek will be starting a new season this month. Also the Meager Creek hot springs and recreation campsites will also be open for a full season this year. Opening day is May Day weekend for all the areas.

As the Sea to Sky highway improvement project is coming to

an end this year, we are looking at what other business is available for Lil'wat Concrete given the current economic downturn. We want to continue to make use of the excellent trained concrete workers we now have and the base set up at Rutherford Creek.

We are also continuing to pursue forestry opportunities; most recently we jointly acquired a Community Forest License in the Whistler area with Resort Municipality of Whistler and Squamish Nation. Other forestry related pursuits include vegetation management with BC Hydro and other forest fuels management projects.



Notice regarding access to Meager Creek and Pebble Creek Hot Springs and the Upper Lillooet Provincial Park

As of April 22, 2009 the Forest service road is only accessible up to North Creek, at around 13km (from beginning of forest road at Lillooet bridge). It is too deep even for 4x4 at this time. Meager Creek Hot Springs season is from May long weekend to beginning of Oct (unless early heavy snow fall).

St'at'imc Gathering 2009

*Hosted by Samahquam Ucwalmicw
at Q'aLaTKu7em*

(also known at Baptiste Smith IR 1B)

May 8, 9th, & 10th 2009

Honoring our ancestral Brothers

Ntsinemqen muta Ntsinlaquen

May 8th

Guests arriving in the community.

May 9th

Arrival of the Unity Riders; Feather runners; Chief speeches; picture sharing; guitar playing and singing in memory of gatherings of our people when they shared their talent. (Please bring along your guitars and talents). Other activities, such as sqeats; drumming and singing, dancing; name giving; trip to T'sek; climbing the N'sekets Mountain to name a few.

May 10th

*Mothers' Day breakfast, (cooked by the men);
passing of the feather to the community that will host the 2010 St'at'imc gathering.*

Please note: no fee for vendors.

Samahquam is accepting food donations; funds to assist the community in providing meals.

Final note: the introduction of Ntsinemqen that carry the name of our ancestors.

St'at'imc Days

Submitted by Lex Joseph

This tribal celebration is held yearly at different St'at'imc Communities. This year the celebration will be held at a place called Kalatqu7em.

The theme for this year's celebration is to honor the 2 brothers In-chee-nim-kan and Kush-tee-tsa who survived the great flood and whose children now live in St'at'imc.

In the beginning a man by the name of In-chee-nim-kan received word from the great creator above, that there will be a great flood that will cover the land of the Lil'wat and the people of N-shuck-ch.

Another man by the name Kush-tee-tsa took his children to In-chee-nim-kan, and asked him to take care of these children, for themselves they did not care.

A large raft was built and a great deal of dried salmon roe was cured and placed in the raft. This salmon roe would feed them until the flood went down.

After the flood the children of Kush-tee-tsa were left at Skatin and In-chee-nim-kan returned to Lilwat.

Today both of these families make their home amongst the Lil'wat nation. On a trip to this mountain it was noted that the log that secured

the raft was still intact.

Now back to the celebration. In the year of 1911, 4 chiefs from amongst the N-shuck-ch travelled to a place called Spence's Bridge. Here they met with 12 other chiefs of the St'at'imc nation to discuss how our people and our nation was being treated by the incoming non-native people.

The result was the St'at'imc Declaration which was signed by sixteen Chiefs on May 10th 1911.

Now we celebrate Declaration Day as a holiday and the kick off to our St'at'imc Gathering.

2010 Olympic Planning

By Lucinda Phillips

On Tuesday May 12th, Administration, Managers and Staff will be meeting to discuss the potential impacts and opportunities associated with the upcoming 2010 Olympic Winter Games.

We will be discussing all aspects of the Games and how the community of Mount Currie may be affected come game time.

Some of the items we will be discussing will be:

- Transportation
- School/Daycare
- Food and supplies
- Volunteering/Administration
- Cultural Activities
- Torch Relay
- Olympic Tickets
- Security
- Communications and Media
- Live Sites

If you have any ideas or specific concerns about what may happen in Mount Currie during the Olympics, please contact Lucinda Phillips at the Lands Department, 604-894-2333.



Fisheries Department Update

Submitted by Maxine Joseph-Bruce

Communal Fish License for Chinook Salmon

A Communal Fish Licence has been issued to the Lil'wat Nation effective immediately and lasting through to May 31st.

This licence is issued under authority of the Fisheries Act and section 4 of the Aboriginal Communal Fishing Licences Regulations. This licence does not define an Aboriginal right to fish or its scope; however, for the fishing season, it is intended to provide a mechanism, for reasons of proper management and control of the fisheries and conservation and protection of fish, for requiring compliance with the provisions of this licence.

This licence is issued to the Lil'wat Nation for and on behalf of its members, and subject to the Fisheries Act and Regulations thereunder.

Dates and Times

Fishing is authorized by this licence from:

18:00 hours, Friday, May 01, 2009 to 18:00 hours, Sunday, May 03, 2009

18:00 hours, Friday, May 08, 2009 to 18:00 hours, Sunday, May 10, 2009

18:00 hours, Friday, May 15, 2009 to 18:00 hours, Monday, May 18, 2009

18:00 hours, Friday, May 22, 2009 to 18:00 hours, Sunday, May 24, 2009

18:00 hours, Friday, May 29, 2009 to 18:00 hours, Sunday, May 31, 2009

Area

Fishing is permitted in the following area: In the waters of the Birkenhead River, Lillooet Lake, Tenas Lake and the Lillooet River between Lillooet Lake and Harrison Lake.

Designation of Individuals

All Band members are designated to fish under the authority of this licence. Participants must carry their Band Status card to establish their membership in the First Nation and to fish or carry on any related activity, including transporting fish caught under the authority of this licence. Band Status cards must be carried at all times while participating in the Fishery or while transporting fish harvested in the Fishery and must be presented to any DFO Fishery Officer, DFO Fishery Guardian or Aboriginal Fishery Officer upon request.

Community Land Use Plan Update

By Kerry Mehaffey

We have been hard at work preparing a draft document containing the input we have received so far from the community but we are not finished yet. Look for a community session to be held soon, as well as draft maps to be posted in the community for comments. We appreciate any comments or

questions that you may have, whether they be positive or negative and all inquiries should be directed to myself via the Lands and Resources Department. Thanks to everyone who has participated so far and we look forward to continuing to hear what you have to say.

Lil'wat Olympic Artisans Wanted

(Carving, crafts, painting, weaving, jewellery, ETC.)



Are YOU interested in demonstrating **and** selling your work at the Squamish Lil'wat Cultural Centre during the Olympic and Paralympic Games?

* February 12-28, 2010

* March 12-21, 2010

If so, please call 604-964-0990 or email info@slcc.ca for an application form or pick one up from the Lil'wat7ul Culture Centre.

Feel free to include profile, pictures of work, etc.

A schedule will be created based on the number of responses and availability of space.

(There will be equal space provided for Lil'wat and Squamish artists)

Deadline: Friday May 15, 2009

Email, fax or mail your application to:

Squamish Lil'wat Cultural Centre, 4584 Blackcomb Way, Whistler, BC, V0N 2K0

Email: info@slcc.ca Fax: 604-964-0965



The Lil'wat7ul Culture Centre Staff

Lois Joseph – Team Leader

Mary A. James – Language Coordinator

Vania Stager – Assistant Program Coordinator

Mitchell Thevarge – Multimedia Technician



Open Monday to Friday from 8:30 am – 4:30 pm

Everyone is welcome to visit the culture centre to see our beautiful displays of basketry, or do research, study language through books or the staff can help you learn to use the First Voices website. There are cultural supplies for sale; Beads, leather, drums, language books, & C.D's on Drumming songs, language learning phrases with Pricilla Ritchie, and Ucwalmícwts nursery rhymes by Dixie Joe.

Information on our Programs can be found on the following page.

Kúkstumckacw!

Lil'wat7ul Cultural Centre Programs

By Vanie Stager, Assistant Program Coordinator

Ucwalmícwts / The Lil'wat Language

Language is a fundamental part of culture – something to be protected and shared, a legacy to be passed from generation to generation. Language revival is our goal for our nation.

Learn the Lil'wat Language “Ucwalmícwts” online now, with the “First Voices” website!

First Voices is a tool for language learners of all ages, offering websites for adults and children.

Languages are represented by the name and community logo so users are able to immediately identify and access their own language. Language archives are created by each community independently, using the collective knowledge of Elders, Teachers, Parents and Community Leaders.

First voices kids is aimed at children ages one to five and is designed to teach words and phrases through picture association and listening to spoken language, with fun, easy games for the kids to play.

Websites: www.FirstVoices.com & www.FirstVoicesKids.com

Cultural Craft Classes

Regalia Making

We would like to offer a Regalia Making Workshop! If you are interested in making a Traditional Lil'wat Regalia, please call us to sign up for this workshop. We are currently taking names, the schedule for the class has not been confirmed, until we have the minimum amount of participants.

There will be a fee involved, fee will vary depending on how much materials you will be needing, LCC will share a percentage of the cost of the materials with the participants.

Please call leaving your name, phone #, and / or email address.

Drum Making Class

We would like to offer a Drum Making Workshop! If you are interested in making a Deer Raw Hide Drum, please give us call to sign up for this workshop. There are two (2) sizes of drums to make, 13” or 15” round. The LCC would like to give a discounted cost for the drum supplies, and pay for the instructor.

The Discounted cost would be as follows: 13” Drum Kit - \$70.00 15” Drum Kit - \$80.00

We are currently taking names, the schedule for the class has not been confirmed, until we have the minimum amount of participants.

Cedar Harvesting

It is near harvest time for Cedar ‘Bark’ & ‘Roots’. If you are interested in learning to harvest cedar materials, please call to sign up for either the Bark or Roots Harvesting Class. Free to Lil'wat Members.



Housing Request for Proposals

The Mount Currie Band Capital Projects & Housing Department (MCB) invites proposals for the construction of twelve houses. MCB will accept proposals for the construction ranging from a minimum of three houses to all twelve houses. All proposals must include each style of house and include scopes of work from start to finish (ground breaking, framing, drywall etc. up to finishing) for each turnkey project.

The intent of this Request for Proposals is to invite and ensure that all proposals are equally and fairly reviewed, distributed evenly and within budget. The Proposals must include the individual's name, company name, address and contact information. Also, include any Certificates, Tickets, Diplomas and other valid documentation, plus a resume listing qualifications and references. Include areas of expertise and specialties such as framing, roofing, drywall, flooring, insulating, painting and finishing.

In the Proposal, list all estimated costs including material and labor costs. Include a time frame for construction and scope of work for three to twelve homes.

All houses have three bedrooms with one bathroom and unfinished basements. In your proposal include any innovative ideas for quality workmanship, value and improvements, green and energy savings, cost savings and today's housing practices that adhere to building codes.

Sq.Foot

	LOT#	Design	House Plan	basement	1st floor	2 nd floor	no garages - covered carports
1	221	Jenish House	2 - 3 - 685	899	1086		unfinished basement w.carport
2	219	Select Home	SEA 030		1114		unfinished basement w.carport
3	218	Select Home	SEA 310	616	1170		1/2crawl space & 1/2unfinished basement
4	200	Jenish House	Ref F5-3-003		1326		crawl space w. carport
5	199	Select Home	SEA 065		1156		unfinished basement
6	202	Select Home	SEA 138		1184		unfinished basement w. carport
7	220	Select Home	DRA 400	720	680	388	unfinished basement
8	213	Jenish House	2-3-717		1099		unfinished basement w.carport406
9	195	Plan Image	10-437		1156		unfinished basement w. carport
10	215	Jenish House	9-3-202	619	1150		unfinished basement w. carport 266
11	223	Select Home	SEA 137		1120		unfinished basement
12	216	Jenish House	2-2-668	1694	1136		unfinished basement w carport

A meeting will be held on May 13, 2009 in the Ts'zil Learning Centre Board with copies of lot number, plans and CMHC's building requirements.

The deadline for requests for proposals is May 22, 2009 @ 3:00 p.m.

Please submit Proposals to Frank Andrew or Gayle Andrews at the Mount Currie Band Office



Lil'wat Nation Mount Currie Band

PO Box , Mount Currie, V0N 2K0



Below is a list of Band Contacts. Please feel free to contact us if you have any questions!

Department	Contact	Number
Mount Currie Band Office	Hazel Joseph	604-894-6115
Creekside Resources	Michelle Thevarge	604-894-6145
Health Care Centre	Vickie Louis	604-894-6656
Wellness Centre	Gillian Paul	604-894-1663
Social Development	Kelly Andrew	604-894-1733
Xit'olacw Community School	Glenda Gabriel	604-894-6131
Ts'zil Learning Centre	Rachel Dan	604-894-2300
Land & Resources	Carolyn Ward	604-894-2333
Recreation	Dan Cindric	604-894-1663
Employment Centre	Kelly Andrew	604-894-1733
Lil'wat Culture Centre	Mary Elaine James	604-894-5826
Fire Department	Charles Frank- Fire Chief Duke Andrew- Assistant Fire Chief Marshall Ritchie- Safety Officer	604-894-6151
Post Office	Kara Joseph, Roxanne Dan, Andrew Cochrane	604-894-6241

May 2009 Newsletter Deadline

The deadline for the next edition of the newsletter will be Friday April 24th, 2009. Please make your submission by dropping it off at the Band Office, faxing it to 604-894-1518 (Attn: Tracy Howlett) or emailing it to tracy.howlett@lilwat.ca. If you have any questions please call Tracy at 604-894-2333.

If there is any thing in particular that you'd like to see included in the newsletter please let us know. We are doing our best to use this newsletter to update the community on what the Band Administration and Chief and Council are working on. Please send your ideas and requests to Tracy and we'll do what we can to include more information.